

Meet: Sub West Champs

Level: JV

Date: May 04, 2007

Team Score: 54 Place: 5/9

1. 3200 Meter Relay (4 x 800)

	Time	Place
1. Becca Johnson	2:45.77	6 <sup>th</sup>
2. Krystal Verharst	3:00.83	
3. Ashley Wallace	3:04.11	
4. Hillary Self	2:54.26	11:44.97
5. Kristen Stumborg		

2. 100 Meter Hurdles

	Time	Place
1. Julie Behnen	20.42	
2. Becca Blass	22.15	

3. 100 Meter Dash

	Time	Place
1. Nicole Clark	14.04	
2. Laura Murphy	14.78	
2. Tori Smith	15.95	

4. 800 Meter Relay (4 x 200)

	Time	Place
1. Nicole Clark	31.46	
2. Lauren McNeil	29.39	
3. Shelby Cornett	30.81	
4. Katie Murphy	31.52	2:03.18

4. 800 Meter Relay (4 x 200)

	Time	Place
1. Sam Sweet	32.55	
2. Tori Smith	34.91	
3. Emily O'Connor	30.63	
4. Elizabeth Niemira	32.07	2:10.16

5. 1600 Meter Run

	Time	Place
1. Hillary Self	6:39.05	
2. Ashley Wallace	6:51.31	
3. Kristen Stumborg	6:29.78	
4. Kayla Kellerman	7:37.94	
5. Cassandra Boone	8:10.51	
6. Krystal Verharst	7:00.85	
7. Cindy Lammert-Freshman Div.	7:03.50	2 <sup>nd</sup>

6. 400 Meter Relay (4 x 100)

	Time	Place
1. Nicole Clark	15.23	
2. Laura Murphy	14.63	
3. Shelby Cornett	13.97	
4. Lauren McNeil	14.40	58.23

6. 400 Meter Relay (4 x 100)

	Time	Place
1. Tori Smith	16.68	
2. Elizabeth Niemira	14.19	
3. Becca Blass	14.47	
4. Laura Bonskowski	15.13	1:00.47

7. 400 Meter Run

	Time	Place
1. Melissa Ball	1:12.51	
2. Becca Johnson	1:11.77	
3. Emily O'Connor	1:13.14	

8. 300 Meter Low Hurdles

	Time	Place
1. Sam Sweet	59.89	

9. 800 Meter Run

	Time	Place
1. Krystal Verharst	3:06.90	

10. 200 Meter Dash

	Time	Place
1. Melissa Ball	31.75	
2. Laura Murphy	31.45	
3. Lauren McNeil	30.19	
4. Emily O'Connor	31.31	

11. 3200 Meter Run

	Time	Place
1. Hillary Self	14:17.01	3 <sup>rd</sup>
2. Ashley Wallace	14:47.98	
3. Kristen Stumborg	14:25.22	4 <sup>th</sup>
4. Kayla Kellerman	17:00.26	
5. Cassandra Boone	16:23.21	

12. 1600 Meter Relay (4 x 400)

	Time	Place
1. Sam Sweet	1:13.00	
2. Becca Johnson	1:14.00	
3. Shelby Cornett	1:12.00	
4. Lauren McNeil	1:13.00	4:52.00

12. 1600 Meter Relay (4 x 400)

	Time	Place
1. Melissa Ball	1:21.8	
2. Emily O'Connor	1:13.10	
3. Tori Smith	1:24.10	
4. Laura Murphy	1:16.99	5:15.27

Shot Put

	Distance	Place
1. Dee Anne Ortmann	29' .25"	4 <sup>th</sup>
2. Christine Buneta	25' 7"	
3. Rachel Barry	20' 7"	
4. Hannah Watson	28' 8"	
5. Amanda Scheetz	24' 5"	
6. Sarah Davis		
7. Gabby Hernandez-Freshman Div.	24' 2.5"	3 <sup>rd</sup>

Discus

	Distance	Place
1. Dee Anne Ortmann	Scratches	
2. Christine Buneta	64' 4.25"	
3. Rachel Barry	62' 7.75"	
4. Hannah Watson	72' 10"	
5. Amanda Scheetz	65' 9"	
6. Gabby Hernandez-Freshman Div.	56' 6.5"	
7. Sarah Davis		

**Long Jump**

1.   Shelby Cornett
2.   Katie Murphy
3.   Elizabeth Niemira
4.   Hannah Watson

**Distance Place**

<u>13' 0"</u>	_____
<u>14' 1.5"</u>	<u>5<sup>th</sup></u>
<u>13' 1.75"</u>	_____
<u>12' 9"</u>	_____

**Triple Jump**

1.   Elizabeth Niemira
2.   Hannah Watson

**Distance Place**

<u>26' 10.5"</u>	_____
<u>26' 11"</u>	<u>8<sup>th</sup></u>

**High Jump**

1.   Melissa Ball
2.   Becca Blass
3.   Nicole Clark
4.   Katie Murphy

**Height Place**

<u>No Height</u>	_____
<u>4' 2"</u>	_____
<u>4' 6"</u>	<u>4<sup>th</sup></u>
<u>4' 6"</u>	<u>2<sup>nd</sup></u>

**Pole Vault**

1.   Julie Behnen
2.   Becca Blass
3.   Laura Bonskowski
4.   Katie Murphy
5.   Sam Sweet

**Height Place**

<u>No Height</u>	_____
<u>6' 6"</u>	_____
<u>7' 6"</u>	<u>2<sup>nd</sup></u>
<u>No Height</u>	_____
<u>5' 0"</u>	_____