

2010 Northwest Lions Girls Track & Field Fox Warrior Invitational on 3/26/2010



Weather: Sunny, Breezy, 54°/Temps dropped into 40's at night

Score **Place** **# Teams** **Awards** **Notes**

Varsity	114	2nd	6	Trophy	Lind-186,NW-114,Fox-107,Oak-82,Seck-52,Mehl-29
Jr Varsity	124	2nd	6		Lind-231,NW-121,Oak-75,Mehl-55,Seck-41,Fox-21
Freshmen					
Fresh/Soph					
Open					

Division: Varsity

Event	Name	Div.	Results	Pts	Place	PR	Notes	Splits
100 Meter Hurdles				7				
	Katie Murphy	V	19.09	6	3rd	PR	Medaled	
	Kathryn Herrmann	V	21.10	1	6th		Ribbon	
100 Meter Dash				14				
	Taylor Hosna	V	13.00	8	2nd	PR	Medaled	
	Jamie Doggendorf	V	13.24	6	3rd	PR	Medaled	
4x200 Meter Relay			1:52.63	10	1st			
	Liz Buneta	V	26.88	2.5	1st		Medaled	
	Jennifer Sturgeon	V	27.00	2.5	1st	PR	Medaled	
	Jamie Doggendorf	V	28.40	2.5	1st	PR	Medaled	
	Emily Weiss	V	30.35	2.5	1st		Medaled	
4x100 Meter Relay			55.25		DQ		Uniform violation	
	Jennifer Sturgeon	V	13.07		DQ			
	Emily Weiss	V	13.49		DQ			
	Kathryn Herrmann	V	13.61		DQ			
	Katie Murphy	V	15.08		DQ		Ran with warm-ups on	
400 Meter Dash				2				
	Jamie Doggendorf	V	1:05.27	2	5th	PR	Ribbon	
300 Meter Hurdles				10				
	Liz Buneta	V	49.63	10	1st		Medaled	
800 Meter Run				1				
	Kayla Antonelli	V	2:44.16	1	6th		Ribbon	33/1:14(41)/1:57(43)/47
	Leah Korn	V	2:50.05		9th			34/1:16(40)/2:02(46)/48
200 Meter Dash				10				
	Taylor Hosna	V	27.86	8	2nd		Medaled	
	Emily Weiss	V	29.25	2	5th	PR	Ribbon	
3200 Meter Run				4				
	Kayla Antonelli	V	14:22.32	4	4th		Ribbon	1:34/3:18(1:44)/5:06(1:48)/[6:50](1:44)/8:55(2:05)/10:55(2:00)/12:44(1:49)/1:38[7:32]
4x400 Meter Relay			4:32.74	8	2nd			
	Liz Buneta	V	1:05.23	2	2nd		Medaled	
	Jamie Doggendorf	V	1:05.98	2	2nd		Medaled	
	Leah Korn	V	1:10.66	2	2nd		Medaled	
	Taylor Hosna	V	1:10.87	2	2nd	PR	Medaled	
Shot Put				6				
	Kathryn Herrmann	V	30 Ft 2 In	6	3rd	PR	Medaled	
	Hannah Yates	V	27 Ft 9 In					
Discus Throw				8				
	Hannah Yates	V	88 Ft 2 In	8	2nd		Medaled	
Long Jump				2				
	Emily Weiss	V	13 Ft 10.5 In	2	5th		Ribbon	
Triple Jump				12				
	Taylor Hosna	V	32 Ft In	8	2nd		Medaled	
	Leah Korn	V	31 Ft 5 In	4	4th		Ribbon	
High Jump				6				
	Leah Korn	V	4 Ft 8 In	6	3rd	PR	Medaled	
	Katie Murphy	V					No Height	
Pole Vault				14				
	Jennifer Sturgeon	V	9 Ft 6 In	10	1st		Medaled-Broke cross bar!	
	Katie Murphy	V	8 Ft 0 In	4	4th	PR	Ribbon	

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Division: Junior Varsity

Event	Name	Div.	Results	Pts	Place	PR	Notes	Splits
4x800 Meter Relay			11:43.92	6	3rd			
	Minda Weible	JV	2:43.32	1.5	3rd		Ribbon	37/1:23(46)/2:03(40)/40
	Tess Kliethermes	JV	2:48.80	1.5	3rd		Ribbon	35/1:18(43)/2:04(46)/44
	Mariah Marquardt	JV	3:04.79	1.5	3rd	PR	Ribbon	40/1:25(45)/2:11(46)/53
	Sam Christopher	JV	3:07.01	1.5	3rd	PR	Ribbon	42/1:31(49)/2:16(45)/51
100 Meter Hurdles				10				
	Melody Graham	JV	20.29	10	1st	PR	Freshman School Record-Medaled	
100 Meter Dash				6				
	Katie Bond	JV	14.73	4	4th		Ribbon	
	Mary Ostlund	JV	15.01	2	5th	PR	Ribbon	
4x200 Meter Relay			2:09.12	8	2nd			
	Samantha Jacquemin	JV	30.74	2	2nd	PR	Medaled	
	Amanda Banks	JV	32.49	2	2nd	PR	Medaled	
	Mary Ostlund	JV	32.74	2	2nd	PR	Medaled	
	Katie Bond	JV	33.15	2	2nd	PR	Medaled	
1600 Meter Run				6				
	Minda Weible	JV	6:10.20	6	3rd	PR	Ribbon	1:25/3:06(1:41)/4:41(1:35)/1:29
	Sam Christopher	JV	7:09.59		12th	PR		1:33/3:21(1:48)/5:18(1:57)/1:51
4x100 Meter Relay			59.29	8	2nd			
	Amanda Banks	JV	14.17	2	2nd	PR	Medaled	
	Mary Ostlund	JV	14.21	2	2nd	PR	Medaled	
	Melody Graham	JV	14.73	2	2nd	PR	Medaled	
	Samantha Jacquemin	JV	16.18	2	2nd		Medaled	
400 Meter Dash				3				
	Amanda Banks	JV	1:17.72	2	5th	PR	Ribbon	
	Danielle Ader	JV	1:18.27	1	6th		Ribbon	
300 Meter Hurdles				6				
	Melody Graham	JV	58.72	6	3rd	PR	Ribbon	
800 Meter Run				10				
	Tess Kliethermes	JV	2:51.91	10	1st		Medaled	34/1:19(45)/2:05(46)/46
200 Meter Dash				10				
	Mary Ostlund	JV	31.96	6	3rd	PR	Ribbon	
	Samantha Jacquemin	JV	32.56	4	4th		Ribbon	
3200 Meter Run				12				
	Minda Weible	JV	13:26.92	10	1st	PR	Medaled	1:38/3:22(1:44)/5:06(1:44)/[6:51](1:45)/8:39(1:48)/10:23(1:44)/12:02(1:39)/1:24[6:35]
	Tess Kliethermes	JV	14:34.07	2	5th	PR	Ribbon	1:39/3:24(1:45)/5:12(1:48)/[7:08](1:56)/9:04(1:56)/10:57(1:53)/12:56(1:59)/1:38[7:26]
4x400 Meter Relay			5:07.92	8	2nd			
	Alyslah Whittaker	JV	1:10.98	2	2nd		Medaled	
	Mariah Marquardt	JV	1:12.52	2	2nd	PR	Medaled	
	Amanda Banks	JV	1:20.47	2	2nd	PR	Medaled	
	Samantha Jacquemin	JV	1:23.95	2	2nd	PR	Medaled	
Shot Put				8				
	Alyslah Whittaker	JV	30 Ft 9 In	8	2nd	PR	Freshman School Record-Medaled	
	Marissa Hopkins	JV	19 Ft 8 In					
Discus Throw				4				
	Alyslah Whittaker	JV	65 Ft 5 In	4	4th	PR	Ribbon	
	Marissa Hopkins	JV	61 Ft 5 In					
Long Jump				2				
	Mariah Marquardt	JV	12 Ft 0 In	2	5th	PR	Ribbon	
	Katie Bond	JV	9 Ft 2 In					
Triple Jump				6				
	Melody Graham	JV	27 Ft 2 In	6	3rd	PR	Ribbon	
	Mariah Marquardt	JV					No Mark	
High Jump				1				
	Alyslah Whittaker	JV	4 Ft 4 In	1	6th	PR	Ribbon	
	Danielle Ader	JV	4 Ft 2 In			PR		
Pole Vault				10				
	Tess Kliethermes	JV	7 Ft 0 In	8	2nd		Medaled	
	Katie Bond	JV	6 Ft 0 In	2	5th	PR	Ribbon	