

2010 Northwest Lions Girls Track & Field Hillsboro JV Invitational on 4/21/2010



Weather: Cloudy, 72°

	Score	Place	# Teams	Awards	Notes
Varsity	121.5	1st	14	Team Plaque	NW-121.5.Wind-105.SIG-103.CJ-74.RS-71.Hill-53.Per-37.5.NDC-27.5.CPH-25.5.Farm-21.Bar-20.Jeff-17.Pot-10.Fest-6
Jr Varsity					
Freshmen					
Fresh/Soph Open					

Division: Junior Varsity

Event	Name	Div.	Results	Pts	Place	PR	Notes	Splits
4x800 Meter Relay			10:52.68	8	2nd			
	Minda Welble	JV	2:36.37	2	2nd			36/1:16(40)/1:58(42)/38
	Kayla Antonelli	JV	2:36.71	2	2nd			35/1:13(38)/1:55(32)/41
	Tess Kliethermes	JV	2:41.27	2	2nd	PR		35/1:14(39)/2:00(46)/41
	Kara Goss	JV	2:58.33	2	2nd			43/1:28(45)/2:15(43)/43
100 Meter Hurdles				3				
	Melody Graham	JV	19.47	3	6th			
	Mary Shannon	JV	19.81		9th			
100 Meter Dash				11				
	Jamie Daggendorf	JV	12.85	10	1st	PR	6th fastest in school history	
	Samantha Jacquemin	JV	14.13	1	8th	PR		
4x200 Meter Relay			2:04.91	2	7th			
	Katie Bond	JV	29.76	.5	2nd	PR		
	Mary Ostlund	JV	31.06	.5	7th	PR		
	Samantha Jacquemin	JV	31.50	.5	7th			
	Lauren Niemira	JV	32.59	.5	7th	PR		
1600 Meter Run				8				
	Minda Welble	JV	5:46.38	8	2nd			1:21/2:52(1:31)/4:24(1:32)/1:22
	Kara Goss	JV	6:37.05		10th	PR		1:32/3:16(1:44)/5:02(1:46)/1:35
4x100 Meter Relay			58.46	4	5th			
	Katie Bond	JV	13.89	1	5th	PR		
	Mary Ostlund	JV	14.39	1	5th			
	Samantha Jacquemin	JV	15.09	1	5th			
	Melody Graham	JV	15.09	1	5th			
400 Meter Dash				10				
	Jamie Daggendorf	JV	1:00.63	10	1st	PR	SCHOOL RECORD	
300 Meter Hurdles								
	Mary Shannon	JV	59.14		12th			
800 Meter Run				15				
	Kayla Antonelli	JV	2:39.63	10	1st			
	Tess Kliethermes	JV	2:42.34	5	4th	PR		
200 Meter Dash				10				
	Jamie Daggendorf	JV	26.31	10	1st	PR	2nd Fastest in school history	
	Samantha Jacquemin	JV	31.24		16th			
3200 Meter Run				13				
	Minda Welble	JV	12:51.19	10	1st			1:28/3:04(1:36)/4:44(1:40)/6:22(1:38)/8:06(1:44)/9:46(1:40)/11:25(1:39)/1:28(6:29)
	Kara Goss	JV	14:46.53	3	6th	PR		1:38/3:26(1:48)/5:12(1:46)/7:14(2:02)/9:10(1:56)/11:10(2:00)/13:12(2:02)/1:44(7:32)
4x400 Meter Relay			4:39.64	5	4th			
	Kayla Antonelli	JV	1:07.89	1.25	4th	PR		
	Tess Kliethermes	JV	1:08.97	1.25	4th	PR		
	Alysiah Whittaker	JV	1:10.55	1.25	4th			
	Lauren Niemira	JV	1:12.23	1.25	4th	PR		
Long Jump				10				
	Jamie Daggendorf	JV	14 Ft 11.5 In	10	1st			
	Lauren Niemira	JV	12 Ft 9.5 In		13th			
Triple Jump								
	Melody Graham	JV	27 Ft 0 In		11th			
High Jump				6				
	Alysiah Whittaker	JV	4 Ft 4 In	6	3rd			
	Katie Bond	JV					No Height	
Pole Vault				4.5				
	Tess Kliethermes	JV	7 Ft 6 In	4.5	4th-	PR		
	Lauren Niemira	JV	6 Ft 6 In					
Shot Put				8				
	Alysiah Whittaker	JV	32 Ft 6 In	8	2nd	PR		
	Marissa Hopkins	JV	21 Ft 11 In		19th	PR		
Discus Throw				4				
	Alysiah Whittaker	JV	82 Ft 5 In	4	5th			
	Marissa Hopkins	JV	64 Ft 1 In		14th	PR		