

2010 Northwest Lions Girls Track & Field Suburban West Conference Festival on 3/31/2010



Weather: Sunny, windy, 80°

	Score	Place	# Teams	Awards	Notes
Varsity	62	4th	9		Lin-106,Laf-101,Kirk-95.5,NW-61.5,Mar-37,Oak-34.5,Mehl-28,Fox-27,PS-14.5
Jr Varsity	48.5	5th	9		Lin-167,Laf-114,Mar-72,Kirk-66.5,NW-46.5,Oak-22,PS-13,Mehl-7,Fox-0
Freshmen					
Fresh/Soph					
Open					

Division: Varsity

Event	Name	Div.	Results	Pts	Place	PR	Notes	Splits
100 Meter Dash								
				3				
	Taylor Hosna	V	12.90	2	7th	PR	Strong Tailwind	
	Jamie Doggendorf	V	13.00	1	8th	PR	Strong Tailwind	
	Liz Buneta	V	17.70	5	4th	PR	Strong Tailwind	
	Katie Murphy	V	19.60	3	6th		Strong Tailwind	
4x800 Meter Relay								
			11:11.53	3	6th			
	Kayla Antonelli	V	2:41.63	.75	6th			37/1:17(40)/2:02(44)/39
	Minda Weible	V	2:44.28	.75	6th			39/1:21(42)/2:06(45)/38
	Leah Korn	V	2:51.19	.75	6th	PR		39/1:21(42)/2:07(46)/44
	Tess Kilethermes	V	2:54.43	.75	6th			36/1:20(44)/2:09(49)/45
4x200 Meter Relay								
			1:52.12	6				
	Emily Weiss	V	25.92	1.5	3rd	PR		
	Taylor Hosna	V	27.03	1.5	3rd	PR		
	Jamie Doggendorf	V	28.86	1.5	3rd			
	Liz Buneta	V	30.31	1.5	3rd			
300 Meter Hurdles								
				6				
	Liz Buneta	V	49.63	6	3rd			
1600 Meter Run								
	Kayla Antonelli	V	6:19.48					1:29/3:03(1:34)/4:44(1:41)/1:35
Shot Put								
				2				
	Kathryn Herrmann	V	29 Ft 11 in	2	7th			
	Hannah Yates	V	26 Ft 8.5 in					
Discus Throw								
				1				
	Hannah Yates	V	80 Ft 1 in	1	8th			
	Kathryn Herrmann	V	61 Ft 11 in		14th	PR		
Long Jump								
				11				
	Jamie Doggendorf	V	15 Ft 4.5 in	10	1st			
	Emily Weiss	V	13 Ft 10 in	1	8th			
Triple Jump								
				9				
	Leah Korn	V	32 Ft 1.75 in	5	4th			
	Taylor Hosna	V	31 Ft 8 in	4	5th			
High Jump								
	Leah Korn	V	4 Ft 8 in		9th	PR		
	Nicole Brueggemann	V					No height	
Pole Vault								
				13				
	Jennifer Sturgeon	V	9 Ft 0 in	8	2nd			
	Katie Murphy	V	8 Ft 0 in	5	4th	PR		

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Division: Junior Varsity

Event	Name	Div.	Results	Pts	Place	PR	Notes	Splits	
100 Meter Hurdles				9					
	Melody Graham	JV	19.10	6	3rd	PR	Strong Tailwind		
	Kathryn Herrmann	JV	20.20	3	6th		Strong Tailwind		
	Mary Shannon	JV	23.30		9th	PR	Strong Tailwind		
4x800 Meter Relay				13:01.62					
	Kara Goss	JV	2:56.67			PR		40/1:25(45)/2:12(47)/44	
	Mariah Marquardt	JV	3:11.46					46/1:34(48)/2:25(51)/46	
	Kathryn Herrmann	JV	3:17.11			PR		48/1:35(47)/2:30(55)/47	
	Lindsay Akers	JV	3:36.38			PR		52/1:46(54)/2:46(1:00)/50	
100 Meter Dash									
	Samantha Jacquemin	JV	14.20			PR	Strong Tailwind		
	Katie Bond	JV	14.40				Strong Tailwind		
	Mary Ostlund	JV	14.60			PR	Strong Tailwind		
	Courtney Thomas	JV	14.60			PR	Strong Tailwind		
	Rachel Walsh	JV	15.40			PR	Strong Tailwind		
	Victoria Howell	JV	15.50				Strong Tailwind		
	Morgan Lammert	JV	16.82			PR	Strong Tailwind		
	Mary Kate Conley	JV	17.16			PR	Strong Tailwind		
4x200 Meter Relay				2:10.70					11th
	Mary Ostlund	JV	31.38		11th	PR			
	Samantha Jacquemin	JV	31.79		11th				
	Katie Bond	JV	32.87		11th	PR			
	Amanda Banks	JV	34.66		11th				
4x200 Meter Relay				2:20.85					20th
	Vanessa Costello	JV	31.84		20th	PR			
	Victoria Howell	JV	35.89		20th	PR			
	Rachel Walsh	JV	36.47		20th	PR			
	Taylor Ward	JV	36.65		20th	PR			
4x200 Meter Relay				2:30.82					22nd
	Courtney Thomas	JV	33.93		22nd	PR			
	Mary Kate Conley	JV	34.89		22nd	PR			
	Candice Jacquemin	JV	40.82		22nd	PR			
	Morgan Lammert	JV	41.18		22nd	PR			
300 Meter Hurdles									
	Melody Graham	JV	57.28			PR			
	Mary Shannon	JV	1:02.00			PR			
1600 Meter Run				8					
	Minda Welble	JV	6:04.68	8	2nd	PR		1:26/3:03(1:37)/4:37(1:34)/1:27	
	Tess Kilethermes	JV	6:27.38			PR		1:23/3:06(1:43)/4:52(1:46)/1:35	
	Kara Goss	JV	6:43.32			PR		1:32/3:13(1:41)/5:01(1:48)/1:42	
	Lindsay Akers	JV	8:32.00			PR		1:52/4:09(2:17)/6:23(2:14)/2:09	
4x400 Meter Relay				4:58.15					
	Mariah Marquardt	JV	1:13.04						
	Alyshia Whittaker	JV	1:13.89						
	Lauren Niemira	JV	1:15.40			PR			
	Mary Shannon	JV	1:15.82			PR			
4x400 Meter Relay				5:19.61					
	Mary Ostlund	JV	1:15.25			PR			
	Samantha Jacquemin	JV	1:20.43			PR			
	Victoria Howell	JV	1:20.74			PR			
	Amanda Banks	JV	1:23.19						
4x400 Meter Relay				5:27.64					
	Rachel Walsh	JV	1:17.76			PR			
	Courtney Thomas	JV	1:20.67			PR			
	Vanessa Costello	JV	1:20.81			PR			
	Mary Kate Conley	JV	1:28.400			PR			
Shot Put				6					
	Alyshia Whittaker	JV	29 Ft 5.5 in	6	3rd				
	Marissa Hopkins	JV	21 Ft 3 in						

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Event	Name	Div.	Results	Pts	Place	PR	Notes	Splits
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	Taylor Ward	JV	20 Ft 2.5 in					
	Tosha Yates	JV	18 Ft 4 in					
	Megan Ramsey	JV	18 Ft 3 in					
	Brittany King	JV	17 Ft 1 in					

Discus Throw

6

	Alysiah Whittaker	JV	74 Ft 2 in	6	3rd			
	Tosha Yates	JV	63 Ft 10 in			PR		
	Marissa Hopkins	JV	60 Ft 2 in					
	Megan Ramsey	JV	55 Ft 1 in			PR		
	Brittany King	JV	54 Ft 0 in			PR		
	Taylor Ward	JV	52 Ft 11 in			PR		
	Lindsay Akers	JV	40 Ft 5 in			PR		

Long Jump

1.5

	Katie Murphy	JV	13 Ft 10 in	1.5	tie-7th			
	Melody Graham	JV	12 Ft 2.5 in					
	Megan Ramsey	JV	11 Ft 11 in			PR		
	Taylor Ward	JV	10 Ft 10 in			PR		
	Candice Jacquemin	JV	8 Ft 11 in					

Triple Jump

10

	Nicole Brueggemann	JV	30 Ft 8.5 in	10	1st			
	Melody Graham	JV	27 Ft 9 in			PR		
	Mariah Marquardt	JV	22 Ft 7.5 in			PR		

High Jump

3

	Alysiah Whittaker	JV	4 Ft 6 in	3	5th	PR		
	Katie Murphy	JV	4 Ft 2 in					
	Katie Bond	JV	4 Ft 2 in			PR		
	Vanessa Costello	JV					No Height	
	Mariah Marquardt	JV					No Height	
	Lauren Niemira	JV					No Height	

Pole Vault

5

	Tess Kliethermes	JV	7 Ft 6 in	5	4th	PR		
	Lauren Niemira	JV	6 Ft 0 in			PR		
	Candice Jacquemin	JV					No Height	