

2011 Northwest Lions Girls Track & Field Henle Holmes Invitational on 4/14/2011



Weather: Thur-Partly Sunny-65°/Fri-Storms early, Cool & breezy-50's

	Score	Place	# Teams	Awards	Notes
Varsity	46	7th	16		Kirk-155, Eur-118, PC-87.5, FZW-65, Lad-59, FH-48, NW-46, McCl-45, JB-32, FHN-32, HW-27.5, Rit-27, UC-20, MRH-5, Urs-2
Jr Varsity					
Freshmen					
Fresh/Soph					
Open					

Division: Varsity

Event	Name	Div.	Results	Pts	Place	PR	Notes	Splits
100 Meter Hurdles								
	Melody Graham	V	18.48		13th			
100 Meter Dash								
	Alyslah Whittaker	V	14.06		16th			
	Samantha Jacquemin	V	14.51		22nd			
Distance Medley Relay								
			14:06.22	2	7th		Thursday-6th Fastest in School History	
	Savanna Nault	V	1:06.38	.5	7th	PR	6th Fastest in School History	31/35
	Tess Kliethermes	V	2:43.84	.5	7th		6th Fastest in School History	36/1:17(41)/2:03(46)/40
	Patty Stibor	V	4:16.92	.5	7th	PR	6th Fastest in School History	40/1:22(42)/2:53(1:31)/1:23
	Minda Welble	V	5:59.08	.5	7th	PR	6th Fastest in School History	1:17/2:53(1:36)/4:29(1:36)/1:30
200 Meter Dash								
	Rachael Bonacker	V	28.40		15th			
Sprint Medley Relay								
			1:59.90	1	8th		Thursday-Tied 7th Fastest in School	
	Samantha Jacquemin	V	12.94	.25	8th	PR	Tied 7th Fastest in School History	
	Taylor Hosna	V	13.28	.25	8th		Tied 7th Fastest in School History	
	Emily Weiss	V	27.92	.25	8th		Tied 7th Fastest in School History	
	Rachael Bonacker	V	1:05.76	.25	8th		Tied 7th Fastest in School History	
Long Jump								
					16		Thursday	
	Taylor Hosna	V	16 Ft 11 In	10	1st	PR	3rd Longest in School History	
	Emily Weiss	V	15 Ft 9 In	6	3rd	PR		
High Jump								
	Sierra McClure	V	4 Ft 4 In		13th		Thursday	
Discus Throw								
					3		Thursday	
	Alyslah Whittaker	V	102 Ft 7 In	3	6th	PR	9th Farthest Throw in School History	
4x800 Meter Relay								
			10:56.80		10th		Friday	
	Patty Stibor	V	2:33.14		10th	PR	Freshman Record	36/1:16(40)/1:56(40)/37
	Minda Welble	V	2:41.04		10th			37/1:17(40)/2:01(44)/40
	Tess Kliethermes	V	2:46.67		10th			37/1:18(41)/2:03(43)
	Brandl Clarkson	V	2:55.95		10th	PR		42/1:26(44)/2:08(42)/48
4x200 Meter Relay								
			1:58.51		11th		Friday	
	Savanna Nault	V	28.23		11th	PR		
	Alyslah Whittaker	V	28.56		11th	PR		
	Melody Graham	V	30.61		11th	PR		
	Samantha Jacquemin	V	31.11		11th			
1600 Meter Run								
							Friday-Fast Heat	
	Minda Welble	V	5:52.56		9th			1:18/2:50(1:32)/4:24(1:34)/1:28
	Patty Stibor	V	6:09.76		11th	PR		1:27/3:04(1:37)/4:44(1:40)/1:25
4x100 Meter Relay								
			53.34	4	5th		Friday	
	Jennifer Sturgeon	V	12.53	1	5th	PR		
	Emily Weiss	V	12.88	1	5th			
	Samantha Jacquemin	V	13.96	1	5th			
	Taylor Hosna	V	13.97	1	5th			
400 Meter Dash								
	Rachael Bonacker	V	1:04.80		10th	PR		
3200 Meter Run								
							Friday-Fast Heat	
	Minda Welble	V	12:43.22		9th			1:25/1:34(3:00)/1:33(4:34)/1:40(6:15)/1:39(7:54)/1:40(9:35)/1:38(11:14)/1:29(6:28)
	Tess Kliethermes	V	13:47.04		12th	PR		1:25/1:38(3:04)/1:45(4:50)/1:46(6:36)/1:51(8:28)/1:50(10:18)/1:48(12:06)/1:40(7:11)
4x400 Meter Relay								
			4:40.32				Friday	
	Emily Weiss	V	1:05.98		10th			
	Savanna Nault	V	1:06.37		10th	PR		
	Bianca Kliethermes	V	1:12.39		10th			
	Brandl Clarkson	V	1:15.58		10th			
Pole Vault								
					8		Friday	
	Jennifer Sturgeon	V	9 Ft 0 In	8	2nd			
	Tess Kliethermes	V					No Height	
Triple Jump								
					6		Friday	
	Taylor Hosna	V	33 Ft 10.5 In	6	3rd			
	Melody Graham	V	28 Ft 11 In		14th			
Shot Put								
					6		Friday	
	Alyslah Whittaker	V	38 Ft .5 In	6	3rd			