

# 2013 Northwest Lions Girls Track & Field Washington Pentathlon Invitational on 3/30/2013



Weather: Cloudy, breezy, 40's, rain during 800m

|            | Score | Place | # Teams | Awards | Notes |
|------------|-------|-------|---------|--------|-------|
| Varsity    | NA    | NA    | NA      |        |       |
| Jr Varsity |       |       |         |        |       |
| Freshmen   |       |       |         |        |       |
| Fresh/Soph |       |       |         |        |       |
| Open       |       |       |         |        |       |

## Division: Varsity

| Event | Name | Div. | Results | Pts | Place | PR | Notes | Splits |
|-------|------|------|---------|-----|-------|----|-------|--------|
|-------|------|------|---------|-----|-------|----|-------|--------|

|                                |   |               |      |  |      |    |                             |  |
|--------------------------------|---|---------------|------|--|------|----|-----------------------------|--|
| Pentathlon - Alysiah Whittaker |   |               | 2112 |  | 6th  |    |                             |  |
| Shot Put                       | V | 34 Ft 9 in    |      |  |      |    | 1st-Meet #1 all-time        |  |
| Long Jump                      | V | 14 Ft 5 in    |      |  |      |    |                             |  |
| High Jump                      | V | 4 Ft 4 in     |      |  |      |    |                             |  |
| 100 Meter Hurdles              | V | 18.91         |      |  |      | PR |                             |  |
| 800 Meter Run                  | V | 3:05.60       |      |  |      |    |                             |  |
| Pentathlon - Brittany Flieger  |   |               | 1957 |  | 9th  |    | #3 All-time school history  |  |
| Shot Put                       | V | 21 Ft 8 in    |      |  |      | PR |                             |  |
| Long Jump                      | V | 14 Ft 7 in    |      |  |      | PR | Meet #10 all-time           |  |
| High Jump                      | V | 4 Ft 6 in     |      |  |      | PR | Tied freshman school record |  |
| 100 Meter Hurdles              | V | 18.25         |      |  |      |    | Freshman School Record      |  |
| 800 Meter Run                  | V | 3:08.40       |      |  |      |    |                             |  |
| Pentathlon - Anna Grobelny     |   |               | 1647 |  | 18th |    | #6 All-time school history  |  |
| Shot Put                       | V | 23 Ft 7 in    |      |  |      | PR |                             |  |
| Long Jump                      | V | 14 Ft 2.25 in |      |  |      | PR |                             |  |
| High Jump                      | V | 4 Ft 2 in     |      |  |      | PR |                             |  |
| 100 Meter Hurdles              | V | 20.20         |      |  |      |    |                             |  |
| 800 Meter Run                  | V | 3:12.10       |      |  |      |    |                             |  |
| Pentathlon - Melody Graham     |   |               | 1559 |  | 21st |    | #8 All-time school history  |  |
| Shot Put                       | V | 21 Ft 11 in   |      |  |      | PR |                             |  |
| Long Jump                      | V | 12 Ft .25 in  |      |  |      |    |                             |  |
| High Jump                      | V | 3 Ft 10 in    |      |  |      | PR |                             |  |
| 100 Meter Hurdles              | V | 18.38         |      |  |      |    |                             |  |
| 800 Meter Run                  | V | 3:09.00       |      |  |      |    |                             |  |
| Pentathlon - Mary Shannon      |   |               | 1570 |  | 20th |    | #7 All-time school history  |  |
| Shot Put                       | V | 20 Ft 2 in    |      |  |      | PR |                             |  |
| Long Jump                      | V | 12 Ft 2.25 in |      |  |      | PR |                             |  |
| High Jump                      | V | 3 Ft 10 in    |      |  |      | PR |                             |  |
| 100 Meter Hurdles              | V | 19.75         |      |  |      |    |                             |  |
| 800 Meter Run                  | V | 2:51.50       |      |  |      | PR |                             |  |