

Tiffani Bolden

Career Track & Field Report



Completed Seasons **2**
Varsity Seasons

Career V Points **0.25**
Career JV Points **11.25**

Event	Meet Name	Meet Date	Results	Time	Div	Place	Pts	PR	Notes	Splits
100 Meter Dash	All Time PR: 14.81									
	Parkway Central Early Bird	3/18/2016	16.75	F.A.T.	OPEN	29th		PR		
	NW, Summit, Holt, P. West	3/29/2016	15.19	Hand	OPEN			PR		
	Northwest v Parkway Central	4/11/2016	15.00	Hand	JV			PR		
	JV Friends Series-Meet #1	4/5/2017	14.81	Hand	JV			PR		
200 Meter Dash	All Time PR: 31.25									
	JV Friends Series-Meet #2	4/18/2017	31.25	Hand	JV			PR		
400 Meter Dash	All Time PR: 1:08.12									
	Parkway Central Early Bird	3/18/2016	1:13.22	F.A.T.	OPEN	13th		PR		
	Lindbergh Girls Invitational	4/1/2016	1:15.28	F.A.T.	JV	9th				
	Northwest v Parkway Central	4/11/2016	1:08.12	Hand	JV			PR		
	Henle Holmes Invitational	4/14/2016	1:09.88	F.A.T.	V	18th				
	Hillsboro Joe McCraith JV	4/20/2016	1:09.63	F.A.T.	JV	4th	5			
	Eureka Kimball/Wintermeyer	4/28/2016	1:09.67	F.A.T.	JV	13th				
	Suburban West Conference	5/6/2016	1:10.20	F.A.T.	JV	19th				
	Parkway Central Limited	3/24/2017	1:14.17	F.A.T.	OPEN	21st				
800 Meter Run	All Time PR: 3:12.00									
	Lafayette Girls JV	4/6/2016	3:12.00	Hand	JV			PR		
100 Meter Hurdles	All Time PR: 21.75									
	Kirkwood	3/21/2017	22.29	Hand	OPEN			PR		
	Parkway Central Limited	3/24/2017	22.17		OPEN	5th	4	PR		
	Northwest Invitational	4/8/2017	21.75	F.A.T.	JV	14th		PR		
	JV Friends Series-Meet #2	4/18/2017	21.93	Hand	JV					
	Suburban West Conference	5/5/2017			JV					
100 Meter Dash Split	All Time PR: 15.98									
	Kirkwood Quad	3/22/2016	15.98	Hand	OPEN			PR	Strong Headwind	
	Suburban West Conference	5/5/2017			JV					



Event	Meet Name	Meet Date	Results	Time	Div	Place	Pts	PR	Notes	Splits
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200 Meter Dash Split All Time PR: 28.24

NW, Summit, Holt, P. West	3/29/2016	32.92	Hand	OPEN				PR		
Lindbergh Girls Invitational	4/1/2016	28.24	Hand	JV	4th	1.5		PR	Short Leg-Exchange zone	
Lafayette Girls JV	4/6/2016	31.64	Hand	JV						
Eureka Kimball/Wintermeyer	4/28/2016	31.84	Hand	JV	8th	.25				
Suburban West Conference	5/6/2016	32.76	Hand	JV	6th	.75				
Suburban West Conference	5/5/2017			JV						

400 Meter Dash Split All Time PR: 1:08.76

Kirkwood Quad	3/22/2016	1:14.43	Hand	OPEN				PR		
NW, Summit, Holt, P. West	3/29/2016	1:16.02	Hand	OPEN						
Lindbergh Girls Invitational	4/1/2016	1:14.12	Hand	JV	6th	1.25		PR		
Lafayette Girls JV	4/6/2016	1:13.41	Hand	JV				PR		
Northwest Invitational	4/9/2016	1:13.67	Hand	JV	9th					
Northwest Invitational	4/9/2016	1:09.91	Hand	JV	11th			PR		
Henle Holmes Invitational	4/14/2016	1:09.02	F.A.T.	V	8th	.25		PR		
Henle Holmes Invitational	4/14/2016	1:08.76	Hand	V	12th			PR		
Ladue Brusca-Strohbach	4/23/2016	1:13.96	Hand	JV	10th					
Ladue Brusca-Strohbach	4/23/2016	1:10.24	Hand	JV	13th					
Eureka Kimball/Wintermeyer	4/28/2016	1:12.18	Hand	JV	7th	.5				
Suburban West Conference	5/6/2016	1:10.34	Hand	JV	5th	1				

800 Meter Run Split All Time PR: 2:55.96

Hillsboro Joe McCraith JV	4/20/2016	2:55.96	Hand	JV	5th	1		PR		
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Long Jump All Time PR: 11 ft 11 in

Kirkwood	3/21/2017	11 Ft 11 in		OPEN				PR		
Parkway Central Limited	3/24/2017	11 Ft 7.5 in		OPEN	5th	4				
Northwest Invitational	4/8/2017	11 Ft 10 in		JV	25th					
Suburban West Conference	5/5/2017			JV						

All Time PR:

Northwest, v. Mehlville Dual	10/15/2015			JV	11th					
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