

JV Friends Meet #2

Place: Parkway Central High School

Time: 4:00pm

Date: Wednesday, April 18

Teams Attending: Kirkwood, Mehlville, MICDS, Northwest, Parkway Central, Parkway West, Rockwood Summit

Events:

Track events-order of events with a rolling schedule:

4:00pm: 800m Run
300LH
3200m Run
200m Dash

Head Timer-Glen House Northwest
Bullpen Coach-Kristen Witt Parkway West

Field events-all events begin at 4 pm:

4:00 pm: Triple Jump (Parkway Central, MICDS) Jump pit will go w/wind
Four jumps cafeteria style

Pole Vault (Parkway Central)

Discus (Parkway Central, Kirkwood) Four throws 2-2

Javelin (Parkway Central, Parkway South) Four throws cafeteria style

Lanes and Timers:

1. Northwest
2. Parkway Central
3. MICDS
4. Parkway Central
5. Kirkwood
6. Parkway South
7. Parkway West
8. Parkway Central