

# MSHSAA Track and Field Single Sectional Meet Schedule

## Field Events

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Note: Site can adjust times/events to track specifications.

Note: Field Events will be conducted by Class and Gender.

<b>11:00 a.m.</b>	<b>11:00 a.m.</b>	<b>1:00 p.m.</b>	<b>1:00 p.m.</b>
B Pole Vault	G Long Jump	B High Jump	G Triple Jump
G High Jump	B Triple Jump	B Shot Put	B Long Jump
G Shot Put		G Discus	B Javelin
B Discus		G Pole Vault	
<b><u>12:00 a.m.</u></b>			
<b>G Javelin</b>			

## Running Events

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Note: Odd year=odd class goes first; Even year=even class goes first.

9:00	Boys	3200m Run
9:15	Girls	3200m Run
10:00 Coaches Meeting		
11:00	Boys	4x800 meter Relay
11:15	Girls	4x800 meter Relay
11:30	Boys	110 meter Hurdles
11:35	Girls	100 meter Hurdles
11:40	Boys	100 meter Dash
11:45	Girls	100 meter Dash
11:55	Boys	4x200 meter Relay
12:05	Girls	4x200 meter Relay
12:15	Boys	1600 meter Run
12:25	Girls	1600 meter Run
12:35	Boys	4x100 meter Relay
12:45	Girls	4x100 meter Relay
12:55	Boys	400 meter Dash
1:05	Girls	400 meter Dash
1:20	Boys	300 meter Hurdles
1:30	Girls	300 meter Hurdles
1:40	Boys	800 meter Run
1:50	Girls	800 meter Run
2:00	Boys	200 meter Dash
2:10	Girls	200 meter Dash
BREAK		
2:50	Boys	4x400 meter Relay
3:00	Girls	4x400 meter Relay