

# 2019 Northwest Lions Girls Track & Field

## Henle Holmes on 4/11/2019



Weather: Day 1-Gusty winds, cloudy, 73 down to 60/Day 2-Partly sunny, breezy, 60°

	Score	Place	# Teams	Awards	Notes
Varsity	60	7th	17		Laf-81.25,WG-80,PC-75.25,Eur-75,PN-72,MICDS-70,NW-60,McN-52,Tim-48.75,FHN-40,HW-33.5,Marq-33,PW-32,Rit-29,JB-26.25,RG-6,PS-4
Jr Varsity					
Freshmen					
Fresh/Soph					
Open					

### Division: Varsity

Event	Name	Div.	Results	Pts	Place	PR	Time Type	Notes	Splits
<b>High Jump</b> 15 <b>Thur-4:15</b>									
	Erica Schamel	V	5 Ft 2 in	10	1st				
	Alyssa Jones	V	4 Ft 10 in	5	3rd-	PR			
<b>Long Jump</b> 3 <b>Thur-4:15</b>									
	Erica Schamel	V	16 Ft 0 in	3	6th				
	Alyssa Jones	V						No Mark	
<b>Discus</b> <b>Thur-4:15</b>									
	Jordan Adams	V	94 Ft 11 in		11th	PR			
	Megan Fortner	V	84 Ft 5 in						
<b>100 Meter Hurdles</b> <b>Thur-4:15-Prelims</b>									
	Jillian Thomlison	V	17.61		9th-		F.A.T.		
<b>100 Meter Dash</b> <b>Thur-4:35-Prelims</b>									
	Mei Yamada	V	14.61		30th		F.A.T.		
	Miranda Eberhart	V	14.66		31st		F.A.T.		
<b>Distance Medley Relay</b> 13:49.27 4 5th <b>5th fastest school history</b>									
	Karley Wheeler	V	1:09.72	1		PR	Hand	5th fastest DMR school history	
	Samantha Brown	V	2:36.09	1			Hand	5th fastest DMR school history	
	Claire Meisch	V	4:10.76	1		PR	Hand	5th fastest DMR school history	
	Audrey May	V	5:52.70	1			Hand	5th fastest DMR school history	
<b>200 Meter Dash</b> <b>Thur-5:30-Prelims</b>									
	Jasmine Kaasa	V	29.90		25th		F.A.T.		
	Miranda Eberhart	V	32.90		31st		F.A.T.		
<b>Sprint Medley Relay</b> 2:03.95 13th									
	Jasmine Kaasa	V	13.58		13th		Hand		
	Mei Yamada	V	13.78		13th	PR	Hand		
	Jillian Thomlison	V	28.49		13th	PR	Hand		
	Lindsay Calvin	V	1:08.10		13th		Hand		
<b>Pole Vault</b> <b>Fri-4:15</b>									
	Rachel Kelly	V						No Mark	
<b>Triple Jump</b> 8 <b>Fri-4:15</b>									
	Erica Schamel	V	35 Ft 4 in	6	3rd	PR		2nd longest school history	
	Alyssa Jones	V	33 Ft 2 in	2	7th	PR		Tied 8th longest school history	
<b>Shot Put</b> 5 <b>Fri-4:15</b>									
	Megan Fortner	V	37 Ft 9 in	5	4th				
<b>Javelin</b> 10 <b>Fri-4:15</b>									
	Megan Fortner	V	123 Ft 0 in	10	1st				
	Lindsay Calvin	V	75 Ft 9 in		18th				
<b>4x800 Meter Relay</b> 10:25.18 3 6th									
	Samantha Brown	V	2:30.63	.75	6th		F.A.T.		
	Karley Wheeler	V	2:35.10	.75	6th		F.A.T.		
	Audrey May	V	2:37.76	.75	6th		F.A.T.		
	Claire Meisch	V	2:41.69	.75	6th		F.A.T.		
<b>4x200 Meter Relay</b> 2:02.47 DQ <b>DQ-Out of zone 2-3</b>									
	Jasmine Kaasa	V	27.59				Hand		
	Miranda Eberhart	V	30.46				Hand		
	Lindsay Calvin	V	31.85				Hand	DQ-Handoff 2-3	
	Jamie Scott	V	32.57				Hand	DQ-Handoff 2-3	
<b>1600 Meter Run</b> 2 <b>Fri-5:25</b>									
	Karley Wheeler	V	5:40.99	2	7th	PR	F.A.T.		1:20/2:48(1:27)/4:15(1:27)/(1:25)
<b>4x100 Meter Relay</b> 54.89 11th									
	Talia Griffonetti	V	12.28			PR	Hand		
	Jillian Thomlison	V	12.89			PR	Hand		
	Erica Schamel	V	12.98				Hand		
	Alyssa Jones	V	16.74			PR	Hand		
<b>400 Meter Dash</b> <b>Fri-6:05</b>									
	Lindsay Calvin	V	1:08.04		18th		F.A.T.		
	Jasmine Kaasa	V	1:08.88		19th	PR	F.A.T.		
<b>300 Meter Hurdles</b> <b>Fri-6:45</b>									
	Jillian Thomlison	V	50.67		9th		F.A.T.		
<b>800 Meter Run</b> 5 <b>Fri-7:05</b>									
	Samantha Brown	V	2:34.43	5	4th	PR	F.A.T.		37/1:15(37)/1:56(41)/38
<b>3200 Meter Run</b> 5 <b>Fri-7:35</b>									
	Claire Meisch	V	12:07.21	5	4th	PR	F.A.T.	6th fastest school history	1:22/2:51(1:29)/4:23(1:31)/5:56(1:33) 7:31(1:34)/9:06(1:35)/10:38(1:32)/(1:28)