

Rachel Nicholls

Season Report for 2021 Northwest Lions Girls Track & Field

Varsity Seasons 1

Varsity Points 3.75
JV Points 10.75
FR Points

14.5

Meet Name	Meet Date	Results	Division	Place	Points	PR	Notes
800 Meter Run	Season PR: 2:48.07		All Time PR: 2:48.07				
District	5/15/2021	2:48.07	V	15th		PR	
1500 Meter Run	Season PR: 5:53.78		All Time PR: 5:53.78				
Northwest Invitational	4/10/2021	5:53.78	JV	5th	4	PR	6th Fastest in school history
1600 Meter Run	Season PR: 6:19.34		All Time PR: 6:19.34				
Kirkwood Early Bird Meet	3/30/2021	6:23.00	OPEN			PR	
Corey Siebert Invitational	4/17/2021	6:29.92	V	8th	1		1:33/1:41(3:14)/1:45(4:59)
SPHSAAA Conference Yellow	5/4/2021	6:19.34	V	11th		PR	
3200 Meter Run	Season PR: 13:44.34		All Time PR: 13:44.34				
Northwest Invitational	4/10/2021	13:44.34	JV	3rd	6	PR	
Eureka Invitational	4/29/2021	13:56.89	V	9th			1:34/3:15(1:40)/4:57(1:42)
100 Meter Dash Split	Season PR: 14.17		All Time PR: 14.17				
JV Tri-Meet v. Marquette,	4/14/2021	14.17	JV			PR	
200 Meter Dash Split	Season PR: 29.85		All Time PR: 29.85				
JV Tri-Meet v. Marquette,	4/14/2021	29.85	JV			PR	
800 Meter Run Split	Season PR: 2:43.20		All Time PR: 2:43.20				
Kirkwood Early Bird Meet	3/30/2021	2:43.28	OPEN			PR	
Northwest Invitational	4/10/2021	2:48.09	JV	6th	.75		
Corey Siebert Invitational	4/17/2021	2:56.52	V	4th	1.25		
Ft. Zumwalt North Invitational	4/23/2021	2:43.20	V	3rd	1.5	PR	
1600 Meter Run Spllt	Season PR: 6:31.70		All Time PR: 6:31.70				
JV Friends Meet #1	4/7/2021	6:31.70	V			PR	
High Jump	Season PR: ft 0 in		All Time PR: ft 0 in				
Kirkwood Early Bird Meet	3/30/2021	No Mark/Ht	OPEN			PR	No Height
JV Friends Meet #1	4/7/2021	No Mark/Ht	JV			PR	
JV Tri-Meet v. Marquette,	4/14/2021	1.10m	JV			PR	3' 7"
Corey Siebert Invitational	4/17/2021	No Mark/Ht	V				
Ft. Zumwalt North Invitational	4/23/2021	1.27m	V	10th		PR	4' 2"
Eureka Invitational	4/29/2021	1.21m	V	14th			4' 0"
SPHSAAA Conference Yellow	5/4/2021	No Mark/Ht	V				



Name	Meet Name	Meet Date	Results	Division	Place	Points	PR	Notes
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Number of Events	21
Number of PR's	14

Total V Pts	3.75
Total JV Pts	10.75
Total FR Pts	