

Liz Vermillon

Season Report for 2021 Northwest Lions Girls Track & Field

Varsity Seasons 2 Varsity Points 65 JV Points 65
FR Points

Meet Name Meet Date Results Division Place Points PR Notes

Triple Jump

Season PR: ft 0 in

All Time PR: 27 ft 11 in

Meet Name	Meet Date	Results	Division	Place	Points	PR	Notes
JV Tri-Meet v. Marquette,	4/14/2021	8.19m	JV			26' 10.25"	
Corey Siebert Invitational	4/17/2021	8.37m	V	6th	3	27' 5.5"	8.14m 8.09m 8.37m
JV Friends Meet #2	4/21/2021	8.41m	JV			27' 7"	
Ft. Zumwalt North Invitational	4/23/2021	8.88m	V	9th		PR 29' 1.5"	
Eureka Invitational	4/29/2021	9.23m	V	8th	1	PR 30' 3 1/4"	
SPHSAAA Conference Yellow	5/4/2021	9.13m	V	11th		29' 11 1/2"	

Shot Put

Season PR: 28 ft 5.5 in

All Time PR: 33 ft 9.5 in

Meet Name	Meet Date	Results	Division	Place	Points	PR	Notes
Kirkwood Early Bird Meet	3/30/2021	8.67m	OPEN			8.68m	
JV Friends Meet #1	4/7/2021	8.53m	JV			27' 11.5"	
Northwest Invitational	4/10/2021	9.36m	V	3rd	6	30' 8.5"	
Corey Siebert Invitational	4/17/2021	8.0m	V	9th		26' 2.5"	8.00m 7.88m 7.45m
Ft. Zumwalt North Invitational	4/23/2021	7.85m	V	21st		25' 9"	
Eureka Invitational	4/29/2021	8.26m	V	11th		27' 1"	
SPHSAAA Conference Yellow	5/4/2021	8.05m	V	10th		26' 5"	

Discus

Season PR: 95 ft 1.5 in

All Time PR: 108 ft 9 in

Meet Name	Meet Date	Results	Division	Place	Points	PR	Notes
Kirkwood Early Bird Meet	3/30/2021	28.99m	OPEN			29.0m	
Northwest Invitational	4/10/2021	30.03m	V	1st	10	98' 6.25"	
JV Tri-Meet v. Marquette,	4/14/2021	28.87m	JV			94' 8"	
Corey Siebert Invitational	4/17/2021	24.31m	V	5th	4	79' 9"	FOUL 24.31m FOUL
JV Friends Meet #2	4/21/2021	30.72m	JV			100' 9"	
Ft. Zumwalt North Invitational	4/23/2021	28.75m	V	7th	2	94' 4"	
Eureka Invitational	4/29/2021	32.85m	V	2nd	8	107' 9"	
SPHSAAA Conference Yellow	5/4/2021	29.05m	V	2nd	8	95' 3 3/4"	
District	5/15/2021	31.8m	V	2nd	8	104' 4"-Qualified to sectional	
Sectional	5/22/2021	34.63m	V	1st	10	PR 113' 7"-Sectional Champion	5th Farthest school history
State Championship	5/27/2021	39.13m	V	6th	3	PR All-State/3rd farthest school	128' 4" X/39.13/38.38/X

Javelin

Season PR: 73 ft 10 in

All Time PR: 84 ft 9 in

Meet Name	Meet Date	Results	Division	Place	Points	PR	Notes
Kirkwood Early Bird Meet	3/30/2021	22.5m	OPEN			22.52m	
JV Friends Meet #1	4/7/2021	24.57m	JV			80' 7"	
Northwest Invitational	4/10/2021	19.9m	V	7th	2	65' 3.5"	
JV Tri-Meet v. Marquette,	4/14/2021	20.64m	JV			67' 8"	
JV Friends Meet #2	4/21/2021	21.6m	JV			70' 10"	



Name	Meet Name	Meet Date	Results	Division	Place	Points	PR	Notes
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Number of Events 29
Number of PR's 4

Total V Pts	65
Total JV Pts	
Total FR Pts	