

Northwest Track & Field



MARCH 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Meets with an * after them mean that JV is limited entry and not everyone will be in the meet	Track Starts Get dressed, Meet in cafeteria and then we will go outside	1 Get dressed, Meet in cafeteria and then we will go outside	2	3	4	5
6	7	8	9	10 Team Clothing Orders due by Midnight	11 Uniform Handout	12
13	14	15 Team Pictures	16	17	18 No Classes Practice at normal time 2:45-5:00	19
20	21 Spring Break	22 Spring Break Practice 9-11	23 Spring Break	24 Spring Break Practice 9-11	25 Spring Break	26
27	28	29	30	31 Kirkwood Early Bird Meet @ Kirkwood High School-4pm		

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APRIL 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Meets with an * after them mean that JV is limited entry and not everyone will be in the meet				Kirkwood Early Bird Meet@ Kirkwood High School-4pm All athletes	1	2 Washington Pentlon @ Washington H.S. Limited Var
3	4	5	6	7 JV Friends Meet #1 @ Northwest H.S.-4pm	8	9 Northwest Invitational @ Northwest H.S.-9am V/JV*
10	11	12 JV Quad Meet @ Marquette H.S.-4pm	13 Henle Holmes Inv. @ Parkway Central H.S. 4pm-Var No JV Practice	14 Henle Holmes Inv. @ Parkway Central H.S. 4pm-Var No JV Practice	15 No School No Practice	16
17	18 No School Practice 9-11	19	20 JV Friends Meet #2 @ Northwest H.S.-4pm	21	22 Ft. Zumwalt North Inv @ Ft. Zumwalt N.-3:00pm Var No JV Practice	23
24	25	26	27	28 Eureka Invitational @ Eureka H.S.-4pm Var/JV*	29 Eureka Invitational @ Eureka H.S.-4pm Var/JV*	30

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MAY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Meets with an * after them mean that JV is limited entry and not everyone will be in the meet	2	3	4	5	6 Suburban Conference Yellow Pool Champs @ Marquette H.S.-4pm Var/JV	7
8	9	10 JV Uniform Turn in-2:45 JV Season complete after uniform turn-in	11	12	13	14 District Meet
15	16	17 Uniform Turn in-2:45	18	19	20	21 Sectional Meet
22	23	24 Uniform Turn in-2:45	25	26 Finals	27 Finals State Championship Meet @ Jefferson City H.S. 9am	28 State Championship Meet @ Jefferson City H.S. 9am
29	30 Memorial Day	31 Last Day of School	1	2 Track Awards Night-6pm NHS Lecture Hall Uniform Turn in-5pm		