

Martina Menees

Career Track & Field Report



Completed Seasons 2
Varsity Seasons 1

Career V Points 21
Career JV Points 30

Event	Meet Name	Meet Date	Results	Time	Div	Place	Pts	PR	Notes	Splits
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Shot Put

All Time PR: ft 0 in

Kirkwood Early Bird Meet	3/31/2022	8.34m			OPEN			PR	27' 4 1/4"	
Northwest Invitational	4/9/2022	9.29m			JV	1st	10	PR	30' 5"	
JV Quad	4/12/2022	8.45m			JV				27' 8 1/2"	
JV Friends Meet #2	4/26/2022	7.53m			JV				24' 8 1/4"	
Eureka Invitational	4/28/2022	8.59m			JV	4th	5			8.59 X 8.57 7.62
Suburban Conference Yellow	5/6/2022	8.37m			JV	4th	5		27' 5 1/2"	
District	5/14/2022	8.23m			V	14th			27' 0"	
Kirkwood Early Bird Meet	3/30/2023	8.16m			OPEN				26' 9 1/4"	
Northwest Invitational	4/8/2023	9m			V	8th	1		29' 6"	
Henle Holmes	4/13/2023	8.36m			V				27' 5 1/4"	
Ft. Zumwalt North Invitational	4/21/2023	8.74m			V	13th			28' 8"	
Vicki Reeves Invitational	4/29/2023	8.65m			V	6th	3		28' 4 1/2"	
All-Suburban Yellow Pool	5/5/2023	8.43m			V	7th	2		27' 8"	
District	5/13/2023	8.79m			V	10th			28' 10"	
		No Mark/Ht			V					

Discus

All Time PR: ft 0 in

Kirkwood Early Bird Meet	3/31/2022	No Mark/Ht			OPEN				No mark	
JV Friends Meet #1	4/7/2022	21.02m			JV			PR	68' 11"	
Northwest Invitational	4/9/2022	23.44m			JV	3rd	6	PR	76' 10"	
JV Quad	4/12/2022	22.33m			JV				73' 3"	
Suburban Conference Yellow	5/6/2022	23.52m			JV	5th	4	PR	77' 2"	
Kirkwood Early Bird Meet	3/30/2023	20.4m			OPEN				66' 11"	
Northwest Invitational	4/8/2023	24.16m			V	18th		PR	79' 3"	
Henle Holmes	4/13/2023	22.48m			V	13th			73' 9"	
Ft. Zumwalt North Invitational	4/21/2023	24.94m			V	10th		PR	81' 9"	
Vicki Reeves Invitational	4/29/2023	27.07m			V	1st	10	PR	88' 10"	
All-Suburban Yellow Pool	5/5/2023	27.67m			V	4th	5	PR	90' 9"	
District	5/13/2023	23.96m			V	13th			78' 7"	

Javelin

All Time PR: ft 0 in

JV Friends Meet #1	4/7/2022	16.46m			JV			PR	54' 0"	
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Event	Meet Name	Meet Date	Results	Time	Div	Place	Pts	PR	Notes	Splits
	JV Quad	4/12/2022	14.34m		JV				47' 0"	
	JV Friends Meet #2	4/26/2022	16.25m		JV				53' 3"	