



Girls Suburban Yellow Conference Meet



Location: Pattonville High School. 2497 Creve Coeur Mill Rd, Maryland Heights, MO 63043

Teams: Marquette, Lindbergh, Hazelwood West, Pattonville, Hazelwood Central, Northwest, Kirkwood, Seckman

Track Info: 8 lane all weather track, spikes must be ¼" or smaller

Scoring: 10-8-6-5-4-3-2-1

Entries: At the varsity level, each school is allowed 2 entries per open event and 1 relay. At the JV level, each school is allowed unlimited entries in events on the track, with 1 relay. Due to lighting and safety concerns all JV field events are restricted to 4 entries per school. Seniors may compete at the JV level if their performance warrants it. There is no crossover of divisions.

Trainer: There will be a trainer on site.

Concessions: We will have a concession stand open for athletes and spectators, north of the home bleachers.

Awards: Top 5 in each event will receive a medal. Top Varsity team will receive a plaque and the top JV team will receive a trophy.

Tents: Tents/camps may be set up in the home side or away side bleachers.

Weather: The meet will continue rain or shine. We would only stop due to lightning.

Meet Schedule

3:30 Coaches Meeting in the Bullpen

4:00 Running events on a rolling schedule. JV followed by Varsity. Heats will be power seeded.

4x800m Relay
100m Hurdles
100m Dash
4x200m Relay
1600m Run
4x100m Relay
400m Dash
300m Hurdles
800m Run
200m Dash
3200m Run
4x400m Relay

4:00 Field Events (All throwing events are located north of the stadium at the top of the hill)

JV Discus - 3 throws no finals, Varsity to follow

Varsity Shot Put - 4 throws no finals, JV to follow

JV Javelin - 3 throws no finals, Varsity to follow

Varsity Pole Vault - JV to follow. Opening heights established at coaches meeting

JV High Jump - Varsity to follow. Opening heights established at coaches meeting

Varsity Long Jump - 4 Jumps, no finals. Cafeteria style. JV to follow - 3 jumps, no finals.

JV Triple Jump - 3 Jumps, no finals. Cafeteria style. Varsity to follow - 4 jumps, no finals.