

# 2023 Northwest Lions Girls Track & Field

## Henle Holmes on 4/13/2023



Weather: Sunny, 80°, light breeze

	Score	Place	# Teams	Awards	Notes
Varsity	30	12	21		
Jr Varsity					
Freshmen					
Fresh/Soph					
Open					

### Division: Varsity

Event	Name	Div.	Results	Pts	Place	PR	Time Type	Notes	Splits
100 Meter Hurdles <span style="float:right">Thu-4:15-4HQ1+4 Fastest</span>									
	Carolyn Cronin	V	16.82		Q6		F.A.T.	Qualified to finals	
	Lexi Haas	V	19.35		12th		F.A.T.		
High Jump <span style="float:right">m 10 Thu-4:15</span>									
	Carolyn Cronin	V	1.55m	10	1st	PR		5' 1"-6th highest school history	
	Emily Kamer	V	1.3m		14th	PR		4' 3 1/4"	
Long Jump <span style="float:right">m Thu-4:15-5:45-prelims</span>									
	Lily Consolino	V	4.42m		12th			14' 6"	
	Carolyn Cronin	V	4.11m		22nd			13' 6"	
Discus <span style="float:right">m Thu-4:15</span>									
	Allison G'Sell	V	19.36m		21st			63' 6"	
	Martina Menees	V	22.48m		13th			73' 9"	
100 Meter Dash <span style="float:right">thu-4:35-4HQ1+4 Fastest</span>									
	J'Kyla Griffin	V	14.41		27th		F.A.T.		
	Lexie LaBrash	V	15.25		31st		F.A.T.		
Distance Medley Relay <span style="float:right">16:15.42 1 8th Thu-4:55pm</span>									
	Lucero Orozco	V	1:08.77	.25	8th	PR	F.A.T.		
	Alexa Layton	V	3:08.99	.25	8th		F.A.T.		
	Leah Vandaveer	V	4:53.30	.25	8th	PR	F.A.T.		
	Ava Tucker	V	7:04.36	.25	8th	PR	F.A.T.		
200 Meter Dash <span style="float:right">Thu-5:30-4HQ1+4 Fastest</span>									
	Cami Surratt	V	27.42		9th		F.A.T.		
	Isabella Shelledy	V	29.08		17th		F.A.T.		
Sprint Medley Relay <span style="float:right">1:58.71 6 3rd 8th fastest in school history</span>									
	Cami Surratt	V	1:02.26	1.5	3rd		Hand	8th fastest school history	
	J'Kyla Griffin	V		1.5	3rd			8th fastest school history	
	Emily Kamer	V		1.5	3rd			8th fastest school history	
	Isabella Shelledy	V		1.5	3rd			8th fastest school history	
4x800 Meter Relay <span style="float:right">12:02.46 9th Fri-4:15</span>									
	Lucero Orozco	V	2:47.36		9th	PR	F.A.T.		
	Leah Vandaveer	V	3:02.24		9th		F.A.T.		
	Ava Tucker	V	3:03.24		9th		F.A.T.		
	Alexa Layton	V	3:09.62		9th		F.A.T.		
Pole Vault <span style="float:right">m Fri-4:15</span>									
	Adalynn G'Sell	V	2.15m		14th			7' 1/2"	
	Emily Kamer	V	2m		15th			6' 6 3/4"	
Triple Jump <span style="float:right">m 1 Fri-4:15-5:45 prelims</span>									
	Lily Consolino	V	10.13m	1	8th			33' 3"	
	Carolyn Cronin	V	10.06m		9th	PR		33' 1/4"	
Shot Put <span style="float:right">m Fri-4:15</span>									
	Allison G'Sell	V	6.91m			PR		22' 8"	
	Martina Menees	V	8.36m					27' 5 1/4"	
Javelin <span style="float:right">m 2 Fri-4:15</span>									
	Rose Consolino	V	28.33m		9th			92' 11"	
	Lily Shaffrey	V	29.95m	2	7th			98' 3"	

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100 Meter Hurdles				3				Fri-4:45-Finals	
	Carolyn Cronin	V	16.65	3	6th		F.A.T.	Final	
4x200 Meter Relay			1:56.67		15th			Fri-5:05	
	Isabella Shelledy	V			15th				
	Adalynn G'Sell	V			15th				
	Lexi Haas	V			15th				
	J'Kyla Griffin	V			15th				
4x100 Meter Relay			56.14		11th			Fri-5:45	
	Isabella Shelledy	V							
	Emily Kamer	V							
	Lexie LaBrash	V							
	Lucero Orozco	V							
400 Meter Dash				6				Fri-6:05	
	Cami Surratt	V	1:02.67	6	3rd		F.A.T.		
	Wanda Stethem	V	1:12.00		22nd	PR			
300 Meter Hurdles								Fri-6:45	
	Lexi Haas	V	55.34		18th	PR	F.A.T.		
800 Meter Run								Fri-7:05pm	
	Ava Tucker	V	3:00.09		15th	PR	F.A.T.	1:23/1:36	
3200 Meter Run								Fri-7:35	
	Alexa Layton	V	14:48.96		16th		F.A.T.		7:13/7:35
	Leah Vandaveer	V	14:55.29			PR	F.A.T.		7:16/7:39
4x400 Meter Relay			4:31.48	1	8th			Fri-8:05	
	Cami Surratt	V	1:02.86	.25	8th		Hand		
	J'Kyla Griffin	V	1:08.39	.25	8th	PR	F.A.T.		
	Lucero Orozco	V	1:09.28	.25	8th	PR	Hand		
	Wanda Stethem	V	1:10.95	.25	8th	PR	F.A.T.		