

2023 Northwest Lions Girls Track & Field

Kirkwood Early Bird Meet on 3/30/2023



Weather: Sunny, 65°, light breeze

	Score	Place	# Teams	Awards	Notes
Varsity					
Jr Varsity					
Freshmen					
Fresh/Soph					
Open	NA	NA	6		

Division: Open

Event	Name	Div.	Results	Pts	Place	PR	Time Type	Notes	Splits
4x800 Meter Relay			12:40.00				4:00pm		
	Leah Vandaveer	OP	2:55.90			PR	Hand		
	Ava Tucker	OP	3:07.73			PR	Hand		
	Madison Delashmet	OP	3:14.46			PR	Hand		
	Michaelie Kettmann	OP	3:21.91				Hand		
4x800 Meter Relay			13:53.00				4:00pm		
	Alexa Layton	OP	3:04.21			PR	Hand		
	Lucy Winecoff	OP	3:18.40			PR	Hand		
	Riley Brant	OP	3:40.15			PR	Hand		
	Megan Cox	OP	3:50.24			PR	Hand		
100 Meter Hurdles									
	Carolyn Cronin	OP	16.35				Hand		
	Lexi Haas	OP	19.19			PR	Hand		
	Callie Wells	OP	19.47			PR	Hand		
	Erandi Ambrocio	OP	22.27			PR	Hand		
	Emily Horton	OP	25.02			PR	Hand		
	Nadya Loban	OP	40.97			PR	Hand		
100 Meter Dash									
	Jocelyn Loveless	OP	13.44			PR	Hand		
	Isabella Shelledy	OP	13.63			PR	Hand		
	Lucero Orozco	OP	13.80			PR	Hand		
	Emily Kamer	OP	13.90			PR	Hand		
	J'Kyla Griffin	OP	14.05			PR	Hand		
	Wanda Stethem	OP	14.30			PR	Hand		
	Adalynn G'Sell	OP	14.37			PR	Hand		
	Lexie LaBrash	OP	14.50			PR	Hand		
	Aaliyah Johnson	OP	14.56			PR	Hand		
	Chloe Fuchs	OP	15.05			PR	Hand		
	Ella Kovac	OP	15.47			PR	Hand		
	Ashley Ambrocio	OP	15.98			PR	Hand		
	Emily Jones	OP	16.30			PR	Hand		
	Isabelle Koehler	OP	16.99			PR	Hand		
	Rachael Grobelny	OP	17.10			PR	Hand		
	Olivia Finder	OP	18.90			PR	Hand		
1600 Meter Run							After 4x200m Relay		
	Leah Vandaveer	OP	6:49.91			PR	Hand		
	Ava Tucker	OP	6:49.99			PR	Hand		
	Alexa Layton	OP	7:10.00			PR	Hand		
	Madison Delashmet	OP	7:19.00			PR	Hand		
	Michaelie Kettmann	OP	7:20.00			PR	Hand		
	Lucy Winecoff	OP	7:26.15			PR	Hand		
	Riley Brant	OP	7:33.00			PR	Hand		
	Megan Cox	OP	9:03.15			PR	Hand		
400 Meter Dash							After 4x100m Relay		
	Cami Surratt	OP	1:03.07			PR	F.A.T.	10th fastest school history	
	Callie Wells	OP	1:12.48			PR	Hand		
300 Meter Hurdles									
	J'Kyla Griffin	OP	59.01				Hand		
	Rose Consolino	OP	1:01.31				Hand		
	Emily Horton	OP	1:12.23			PR	Hand		
	Erandi Ambrocio	OP	1:13.24			PR	Hand		
	Nadya Loban	OP	1:13.60			PR	Hand		
800 Meter Run									
	Lucero Orozco	OP	2:50.30			PR	Hand		
200 Meter Dash									
	Cami Surratt	OP	27.34			PR	F.A.T.	Ties for 8th in school history	
	Isabella Shelledy	OP	28.84			PR	Hand		
	Chloe Ziegler	OP	29.10			PR	Hand		
	Jocelyn Loveless	OP	30.44			PR	Hand		
	Wanda Stethem	OP	30.62			PR	Hand		
	Aaliyah Johnson	OP	30.70			PR	Hand		
	Lexie LaBrash	OP	30.80			PR	Hand		
	Chloe Fuchs	OP	32.86			PR	Hand		
	Ashley Ambrocio	OP	33.46			PR	Hand		
	Emily Jones	OP	34.07			PR	Hand		
	Ella Kovac	OP	35.54			PR	Hand		
	Isabelle Koehler	OP	36.93			PR	Hand		
	Rachael Grobelny	OP	40.42			PR	Hand		
	Olivia Finder	OP	41.37			PR	Hand		



Division: Open

Event	Name	Div.	Results	Pts	Place	PR	Time Type	Notes	Splits
3200 Meter Run									
	Leah Vandaveer	OP	15:20.34				Hand		
	Alexa Layton	OP	15:28.02			PR	Hand		
	Michaelie Kettmann	OP	16:15.50				Hand		
	Riley Brant	OP	17:49.57				Hand		
Pole Vault m Boy's & Girl's combined-4pm									
	Ashley Ambrocio	OP	No Mark/Ht					No height	
	Erandi Ambrocio	OP	No Mark/Ht					No height	
	Madison Delashmet	OP	No Mark/Ht					No height	
	Chloe Fuchs	OP	No Mark/Ht					No height	
	Adalynn G'Sell	OP	2m			PR		6' 6"	
	Lexi Haas	OP	1.9m			PR		6' 2"	
	Emily Kamer	OP	2m			PR		6' 6"	
	Nadya Loban	OP	No Mark/Ht					No height	
	Lily Shaffrey	OP	1.8m			PR		5' 10"	
High Jump m 4:00pm									
	Carolyn Cronin	OP	1.52m			PR		5'0"-tied 6th in school history	
	Emily Kamer	OP	1.27m			PR		4' 2"	
Long Jump m 4:00-6:00 cafeteria style									
	Lily Consolino	OP	4.47m			PR		14'7 3/4"	
	Rose Consolino	OP	4.12m			PR		13' 6"	
	Carolyn Cronin	OP	4.39m					14' 4 3/4"	
	Rachael Grobelny	OP	No Mark/Ht			PR		No Mark	
	Emily Kamer	OP	4.2m			PR		13' 9 1/4"	
	Jocelyn Loveless	OP	No Mark/Ht			PR		No Mark	
	Callie Wells	OP	3.81m			PR		12' 6"	
Triple Jump m 4:00-6:00 cafeteria style									
	Lily Consolino	OP	10.1m					33' 1 1/2"	
	Rose Consolino	OP	8.57m			PR		28' 1 1/4"	
	Isabella Shelledy	OP	9.01m			PR		29' 6 1/2"	
	Callie Wells	OP	8.88m			PR		29' 1 1/2"	
Discus m 4:00pm									
	Kaylee Almon	OP	12.66m			PR		41' 6"	
	Sara Becker	OP	16.75m			PR		54' 11"	
	Abby Chandler	OP	16.95m			PR		55' 7"	
	Allison G'Sell	OP	17.2m			PR		56' 5"	
	Gena Melton	OP	13.91m			PR		45' 7"	
	Martina Menees	OP	20.4m					66' 11"	
	Mary Perez	OP	9.08m					29' 9"	
	Kimberly Sebastian	OP	5.58m			PR		18' 3"	
	Sarah Tran	OP	No Mark/Ht			PR		No Mark	
Shot Put m Following Boys Shot Put									
	Kaylee Almon	OP	5.40m			PR		17' 8 1/2"	
	Sara Becker	OP	6.25m					20' 6"	
	Abby Chandler	OP	7.22m			PR		23' 8"	
	Allison G'Sell	OP	6.23m			PR		20' 5 1/4"	
	Martina Menees	OP	8.16m					26' 9 1/4"	
	Kimberly Sebastian	OP	5.58m			PR		18' 3 1/2"	
	Sarah Tran	OP	5.1m			PR		16' 8 3/4"	
Javelin m 5:30 on soccer field									
	Rose Consolino	OP	33.78m			PR		110'9"-3rd farthest school history	
	Olivia Finder	OP	12.28m			PR		40' 3"	
	Nadya Loban	OP	18.57m					60' 11"	
	Gena Melton	OP	14.69m			PR		48' 2"	
	Mary Perez	OP	9.8m					32' 1"	
	Lily Shaffrey	OP	31.95m			PR		104'9"-5th farthest school history	
	Wanda Stethem	OP	16.38m			PR		53' 8"	
	Chloe Ziegler	OP	17.24m			PR		56' 6"	