

Northwest Lions Girls Track Team Requirements to Earn a Varsity Letter

In order to earn a varsity letter for the Northwest girls track & field team, an athlete must do one of the following **plus be a part of the district lineup, unless injury prevents them from competing:**

- ✚ Earn 5 points at the varsity level
- ✚ Set a school record in any event
- ✚ Gain a place in the top ten in any event, while competing on the varsity level in at least 33% of the meets during the season
- ✚ Any athlete who competes in 70% of the varsity meets and scores points
- ✚ Qualifies for the sectional meet
- ✚ Is a conference champion in an individual event

- ✚ Seniors who are currently in good standing with the team and have been on the team and lettered all four years of their high school career will earn a varsity letter