

Rebekah Nicholls

Season Report for 2017 Northwest Lions Girls Cross Country

Varsity Seasons 2

Varsity Points

JV Points

FR Points

Meet Name	Meet Date	Results	Division	Place	Points	PR	Notes
Cross Country 2 mile		Season PR: 14:11.46		All Time PR: 14:11.46			
Fleet Feet Cross Country	8/24/2017	14:11.46	V	49th		PR	6:54/7:17
Cross Country 5k		Season PR: 22:08.60		All Time PR: 22:08.60			
Brooks Memphis Twilight	9/2/2017	22:37.15	V	157th		PR	6:58/14:34(7:36)/7:23
Stan Nelson Invitational	9/9/2017	22:43.96	V	49th			4:09/8:56(4:47)/13:43
Parkway Central Invitational	9/14/2017	24:45.25	V	58th			7:16/15:02(7:46)/23:50
Rim Rock Classic	9/23/2017	23:38.80	V	174th			4:17/7:16/14:49(7:33)
Capitol City Cross Country	9/30/2017	23:14.65	V	85th			6:53/14:26(7:33)/22:27
All Suburban Conference	10/7/2017	23:46.55	JV	7th			4:25/9:42(5:17)/14:07
Patriot Classic	10/11/2017	22:08.60	V	39th		PR	4:13/8:45(4:32)/13:21
District	10/21/2017	22:58.13	V	57th			1 mile-6:50 4:20/8:49(4:29)/13:23

Number of Events 9
Number of PR's 3

Total V Pts
Total JV Pts
Total FR Pts