

# Mikayla Williams

## Season Report for 2017 Northwest Lions Girls Cross Country

Varsity Seasons

Varsity Points  
JV Points  
FR Points

Meet Name	Meet Date	Results	Division	Place	Points	PR	Notes
<b>Cross Country 2 mile</b>		Season PR: 18:05.67		All Time PR: 18:05.67			
Fleet Feet Cross Country	8/24/2017	18:05.67	JV	80th		PR	8:52/9:12
<b>Cross Country 5k</b>		Season PR: 28:36.60		All Time PR: 28:36.60			
Eureka Invitational	8/29/2017	30:38.90	JV	60th		PR	
Stan Nelson Invitational	9/9/2017	28:36.60	JV	69th		PR	
Northwest v Parkway South	9/19/2017	30:21.31	JV	21st			8:45/20:17(11:32)/29:26
Hillsboro Invitational	9/26/2017	35:56.63	JV	60th			9:31/20:17
All Suburban Conference	10/7/2017	29:35.74	JV	109th			
Patriot Classic	10/11/2017	29:51.00	JV	132nd			

Number of Events 7  
Number of PR's 3

Total V Pts   
Total JV Pts   
Total FR Pts