

Alyssa Brown

Career Cross Country Report



Completed Seasons
Varsity Seasons

Career V Points
Career JV Points

Event	Meet Name	Meet Date	Results	Time	Div	Place	Pts	PR	Notes	Splits
Cross Country 2 mile		All Time PR: 18:12.36								
	Fleet Feet Cross Country	8/30/2018	18:12.36		JV	49th		PR		8:24/9:48
Cross Country 5k		All Time PR: 33:45.50								
	Stan Nelson invitational	9/8/2018	33:53.41		JV	118th		PR		10:03/21:15(11:12)
	Paul Enke Invitational	9/15/2018	33:45.50		JV	110th		PR		9:30/20:32(11:02)/32:41
	Northwest v Mehville, P. South	9/18/2018			JV				DNF-Sprained ankle	7:45