

Erandi Ambrocio

Career Cross Country Report



Completed Seasons
Varsity Seasons

Career V Points
Career JV Points

Event	Meet Name	Meet Date	Results	Time	Div	Place	Pts	PR	Notes	Splits
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Cross Country 5k

All Time PR: 25:28.00

Stan Nelson Invitational	9/10/2022	31:56.19			FR	33rd		PR		5:17/12:37(7:20)/18:29
Lutheran North Invitational	9/15/2022	32:58.87			V	165th			1k-165th/5k-165th (0)	5:30
Gans Creek Classic	9/24/2022	30:12.40			JV	70th		PR	Runners: +5/+7/-2/+1	5:12/11:06(5:53)/17:25
Frank Schultz Invitational	10/1/2022	28:16.50			JV	66th		PR	Place-66/65/66/66= 0(+1)	5:24/11:54(6:30)/16:44
Patriot/Statenmen XC Classic	10/8/2022	29:03.40			JV	53rd				
SPHSAAA Conference	10/15/2022	26:22,.51			JV	88th		PR		
Northwest Last Chance Meet	10/19/2022	25:28.00			JV	48th		PR		