

Michaelie Kettmann

Career Cross Country Report



Completed Seasons **1**
Varsity Seasons

Career V Points
Career JV Points **0.5**

| Event | Meet Name | Meet Date | Results | Time | Div | Place | Pts | PR | Notes | Splits |
|----------------------|--------------------------------|-----------------------|----------|------|-----|-------|-----|----|-----------------------------|------------------------|
| Cross Country 2 mile | | All Time PR: 17:09.10 | | | | | | | | |
| | Fleet Feet Classic | 8/30/2022 | 17:09.10 | | JV | 112th | | PR | | 4:44/10:37(5:53) |
| Cross Country 5k | | All Time PR: 26:08.00 | | | | | | | | |
| | Ft. Zumwalt North Invitational | 8/27/2022 | 30:23.90 | | JV | 71st | | PR | | 4:29/10:26(5:57)/16:48 |
| | Stan Nelson Invitational | 9/10/2022 | 26:57.97 | | JV | 65th | | PR | | 4:56/10:05(5:09)/15:40 |
| | Lutheran North Invitational | 9/15/2022 | 27:59.87 | | V | 108th | | | 1k-73rd/5k-108th (-35) | 4:45 |
| | Gans Creek Classic | 9/24/2022 | 27:19.10 | | JV | 43rd | | | Runners: -14/-7/-3/-6 (-30) | 4:34/9:50(5:16)/15:47 |
| | Frank Schultz Invitational | 10/1/2022 | 26:08.00 | | JV | 33rd | | PR | Place-38/34/33/33= -5(-1) | 4:52/9:25(4:33)/15:37 |
| | Patriot/Statenmen XC Classic | 10/8/2022 | 27:09.90 | | JV | 29th | | | | |