



Completed Seasons 1
Varsity Seasons 1

Career V Points 56
Career JV Points

Event	Meet Name	Meet Date	Results	Time	Div	Place	Pts	PR	Notes	Splits
Cross Country 2 mile		All Time PR: 12:53.30								
	Fleet Feet Classic	8/30/2022	12:53.30		V	17th		PR	2nd fastest 2 mile school	3:50/8:00(4:20)
Cross Country 5k		All Time PR: 19:51.50								
	Northwest Challenge JV Tri-	9/24/2019	21:43.39		JV	2nd		PR		3:48/8:34(4:46)/13:13
	Northwest JV Meet	10/1/2019	21:58.57		JV	2nd				3:46/8:29(4:43)/13:13
	All-Suburban Conference	10/12/2019	20:23.11		V	23rd		PR	14th-All-Conf-Medaled	4:02/8:13(4:11)/12:24
	District	10/26/2019	20:31.30		V	24th			Qualified to Sectional	
	Sectional	11/2/2019	20:31.78		V	26th			Qualified to State	
	State Championship	11/9/2019	19:51.50		V	67th		PR	6th Fastest School	3:38/7:37(3:59)/11:48
	Fort Zumwalt North Twilight	9/5/2020	21:39.30		V	35th				3:59/8:16(4:17)/12:55
	Stan Nelson Invitational	9/12/2020	21:45.54		V	14th			Medaled	4:15/8:40(4:25)/13:03
	Gans Creek State Preview	9/26/2020	20:46.00		V	11th			Medaled	4:03/8:07(4:04)/12:28
	Frank Schultz Hillsboro	10/3/2020	21:08.30		V	9th			Medaled	
	Farmington Invitational	10/17/2020	21:03.38		V	8th			Medaled	4:05/8:19(4:14)/12:54
	Lions Last Chance Invitational	10/22/2020	21:42.00		V	8th				3:55/8:16(4:21)/12:25
	District	10/31/2020	20:53.50		V	8th			Qualified to State	3:54/8:08(4:14)/12:28
	State Championship	11/7/2020	20:39.80		V	102nd				3:54/8:01(4:07)/12:25
	Ft. Zumwalt North Twilight	8/28/2021	20:32.00		V	10th			Medaled-10th fastest NW	4:03/7:50(3:47)/12:15
	Gans Creek Classic	9/25/2021	19:56.10		V	19th			Medaled/Season Best	3:50/7:50(4:00)/12:01
	Hillsboro Frank Schultz	10/2/2021	20:59.01		V	4th			Medaled	3:55/8:01(4:06)/12:18
	Webster Groves Invitational	10/9/2021	20:52.30		V	9th			Medaled	
	SPHSAAA Conference Meet	10/16/2021	20:34.72		V	20th			Medaled-All Conference	3:50/8:05(4:15)/12:16
	District	10/30/2021	20:17.81		V	26th			Qualified to State	
	State Championship	11/5/2021	20:05.50		V	90th			3rd straight state meet	3:45/7:45(4:00)/11:58
	Lutheran North Invitational	9/15/2022	21:56.79		V	15th			1k-19th/5k-15th (4)	4:02
	Gans Creek Classic	9/24/2022	21:29.20		V	27th			Runners: +17/+10/+5/+1	4:08/8:24(4:15)/12:54
	Frank Schultz Invitational	10/1/2022	20:42.80		V	8th			Place-13/11/8/8/8= -5(0)	3:52/7:51(3:59)/12:24
	Patriot/Statenmen XC Classic	10/8/2022	22:08.60		V	23rd				
	SPHSAAA Conference	10/15/2022	20:52.600		V	35th			15th-Yellow Pool	4:01/8:01(4:00)/12:35
	District	10/29/2022	20:25.50		V	25th			State qualifier-4th year in	
	State Championship	11/4/2022	21:41.40		V	143rd				3:58/8:11/(4:12)/12:47