



Completed Seasons  
Varsity Seasons

Career V Points  
Career JV Points

Event	Meet Name	Meet Date	Results	Time	Div	Place	Pts	PR	Notes	Splits
Cross Country 2 mile		All Time PR: 16:49.60								
	Fleet Feet Classic	8/30/2022	16:49.60		JV	94th		PR		4:54/10:37(5:43)
Cross Country 5k		All Time PR: 22:36.10								
	Stan Nelson Invitational	9/10/2022	26:14.86		FR	13th		PR	Medaled	4:38/10:00(5:22)/15:26
	Lutheran North Invitational	9/15/2022	25:39.54		V	68th		PR	1k-69th/5k-68th (1)	4:40
	Gans Creek Classic	9/24/2022	24:44.60		V	162nd		PR	Runners: +22/-3/+1/-7	4:33/9:16(4:43)/14:35
	Frank Schultz Invitational	10/1/2022	23:39.70		V	47th		PR	Place-45/46/50/45/47= 0	4:20/8:52(4:32)/14:24
	Patriot/Statesmen XC Classic	10/8/2022	24:27.80		V	48th				
	SPHSAAA Conference	10/15/2022	23:04.33		V	92nd		PR		4:19/8:45(4:21)/13:45
	Northwest Last Chance Meet	10/19/2022	22:36.10		JV	8th		PR	Medaled	
	District	10/29/2022	23:18.70		V	85th				