

# Lee's Summit North High School 5k CC Course

Fairly flat w/gradual slopes

2 Mile

3k

1 Mile

Finish

3 Mile

Start

4k

2k

1k

Created by Glen House

1st Mile=Yellow

2nd Mile=Blue

3rd Mile=Red

Graph: Min, Avg, Max Elevation: 305, 311, 319 m

Range Totals: Distance: 5.02 km Elev Gain/Loss: 43.9 m, -49.3 m Max Slope: 8.0%, -11.5% Avg Slope: 1.6%, -1.8%

