



Northwest Girls Cross Country 2018 Summer Conditioning Schedule

Day	Date	Location	Time
Tuesday	6/5	NHS	6:30pm-8:00pm
Tuesday	6/12	Castlewood State Park	6:30pm-8:00pm
Tuesday	6/19	Early Childhood Center	6:30pm-8:00pm
Tuesday	6/26	Fenton Park	6:30pm-8:00pm
Monday	7/9(camp)	Fenton Park	8:00am-10:00am
Tuesday	7/10(camp)	Fenton Park	8:00am-10:00am
Wednesday	7/11(camp)	Fenton Park	8:00am-10:00am
Thursday	7/12(camp)	Fenton Park	8:00am-10:00am
Friday	7/13(camp)	Fenton Park	8:00am-10:00am
Tuesday	7/17	Woodridge Middle	8:00am-10:00am
Wednesday	7/18	Early Childhood Center	8:00am-10:00am
Thursday	7/19	Valley Middle School	8:00am-10:00am
Tuesday	7/24	Woodridge Middle	8:00am-10:00am
Wednesday	7/25	Early Childhood Center	8:00am-10:00am
Thursday	7/26	Valley Middle School	8:00am-10:00am

*all dates, times, and locations are subject to change