

2008 Northwest Lions Girls Cross Country

Jefferson County on 9/30/2008



Weather: Sunny, 65°, breezy

	Score	Place	# Teams	Awards	Notes
Varsity	NTS				Varsity did not run Seck-20, NW-61, Hill, CC, Fox-NTS NW-15, CC, Fox, Hill-NTS
Jr Varsity	61	2	5		
Freshmen	15	1	4		
Fresh/Soph					
Open					

Division: Junior Varsity

Event	Name	Div.	Results	Points	Place	PR	Notes	Splits
-------	------	------	---------	--------	-------	----	-------	--------

Cross Country 5k

Ashley Stumborg	JV	26:01.42		8th	PR	Medaled	7:58/16:58(9:00)/25:20(8:22)
Savannah Mulenex	JV	26:09.09		9th	PR	Medaled	7:58/16:43(8:45)/25:25(8:42)
Michelle Tran	JV	26:28.09		13th	PR		8:02/16:55(8:53)/25:43(8:48)
Amanda Hesselmeier	JV	28:29.29		15th			8:37/17:46(9:09)/27:40(9:54)
Hannah Yates	JV	28:29.76		16th	PR		8:42/18:15(9:33)/27:40(9:25)
Kara Goss	JV	29:25.09		19th	PR		9:03/19:09(10:06)/28:30(9:21)
Amanda Holdenried	JV	30:46.22		21st	PR		8:52/19:31(10:39)/29:45(10:14)

Cross Country 5k

Jamileh Abdal-Kader	FR	22:27.34		2nd	PR	Medaled	6:49/14:22(7:33)/21:47(7:25)
Leticia Goss	FR	24:48.74		3rd	PR	Medaled	7:42/16:10(8:28)/24:03(7:53)
Lyndsay Brandt	FR	24:48.98		4th		Medaled	7:42/16:10(8:28)/24:03(7:53)
Tess Kliethermes	FR	25:28.88		5th	PR	Medaled	7:57/16:20(8:23)/24:45(8:25)
Macy Patrick	FR	26:29.17		7th	PR	Medaled	8:34/17:11(9:37)/25:40(8:29)
Kristen Graves	FR	26:31.00		8th	PR	Medaled	8:41/16:57(8:16)/25:40(8:43)
Adelaid Almond	FR	28:11.16		12th			8:43/17:46(9:03)/27:20(9:46)
Maria Nguyen	FR	31:33.27		13th	PR		9:29/20:15(10:46)/30:30(10:15)
Amanda Berghaus	FR	34:42.26		15th	PR		9:37/21:22(11:45)/34:40(13:18)