

# 2008 Northwest Lions Girls Cross Country

## Stan Nelson Inv. on 9/13/2008



Weather: 85° humid

|                   | <b>Score</b> | <b>Place</b> | <b># Teams</b> | <b>Awards</b> | <b>Notes</b>  |
|-------------------|--------------|--------------|----------------|---------------|---|
| <b>Varsity</b>    | NTS          | NA           | 10             |               | Eur-28, Laf-60, DeS-75, HW-135, FZN-144, Seck-160, NW, Hill, Duch, StCh-NTS |
| <b>Jr Varsity</b> | 106          | 3            | 9              |               | Eur-16, Laf-81, NW-106, Hill-124, Seck-140, FZN-172, Duch, HW, StCh-NTS     |
| <b>Freshmen</b>   | 99           | 4            | 5              |               | Laf-28, Eur-35, FZN-75, NW-99, HW-NTS                                       |
| <b>Fresh/Soph</b> |              |              |                |               |   |
| <b>Open</b>       |              |              |                |               |   |

### Division: Varsity

| Event | Name | Div. | Results | Points | Place | PR | Notes | Splits |
|-------|------|------|---------|--------|-------|----|-------|--------|
|-------|------|------|---------|--------|-------|----|-------|--------|

Cross Country 5k

|  |                        |          |                 |  |             |  |                |                                     |
|--|------------------------|----------|-----------------|--|-------------|--|----------------|-------------------------------------|
|  | <b>Kayla Antonelli</b> | <b>V</b> | <b>23:50.85</b> |  | <b>26th</b> |  | <b>Medaled</b> | <b>6:45/14:51(8:06)/23:18(8:27)</b> |
|--|------------------------|----------|-----------------|--|-------------|--|----------------|-------------------------------------|

Cross Country 5k

|  |                           |           |                 |  |             |           |                |                                     |
|--|---------------------------|-----------|-----------------|--|-------------|-----------|----------------|-------------------------------------|
|  | <b>Kelsey Chitwood</b>    | <b>JV</b> | <b>26:06.16</b> |  | <b>7th</b>  |           | <b>Medaled</b> | <b>7:44/16:30(8:46)/25:05(8:35)</b> |
|  | <b>Shelby Christopher</b> | <b>JV</b> | <b>26:56.44</b> |  | <b>15th</b> |           | <b>Medaled</b> | <b>7:40/16:39(8:59)/25:56(9:17)</b> |
|  | <b>Michelle Tran</b>      | <b>JV</b> | <b>27:34.63</b> |  | <b>19th</b> | <b>PR</b> | <b>Medaled</b> |                                     |
|  | <b>Savannah Mulenex</b>   | <b>JV</b> | <b>28:59.78</b> |  | <b>28th</b> | <b>PR</b> |                |                                     |
|  | <b>Amanda Hesselmeyer</b> | <b>JV</b> | <b>30:00.48</b> |  | <b>37th</b> |           |                |                                     |
|  | <b>Kara Goss</b>          | <b>JV</b> | <b>33:10.92</b> |  | <b>48th</b> | <b>PR</b> |                |                                     |
|  | <b>Amanda Holdenried</b>  | <b>JV</b> | <b>33:52.86</b> |  | <b>51st</b> | <b>PR</b> |                |                                     |

Cross Country 5k

|  |                         |           |                 |  |             |           |                |                                       |
|--|-------------------------|-----------|-----------------|--|-------------|-----------|----------------|---------------------------------------|
|  | <b>Lyndsay Brandt</b>   | <b>FR</b> | <b>26:18.96</b> |  | <b>14th</b> | <b>PR</b> | <b>Medaled</b> | <b>7:42/16:42(8:00)/25:20(8:38)</b>   |
|  | <b>Leticia Goss</b>     | <b>FR</b> | <b>26:21.85</b> |  | <b>15th</b> | <b>PR</b> | <b>Medaled</b> | <b>7:42/16:42(8:00)/25:20(8:38)</b>   |
|  | <b>Adelaid Almond</b>   | <b>FR</b> | <b>28:09.98</b> |  | <b>21st</b> | <b>PR</b> |                | <b>8:12/17:34(9:22)/26:50(9:16)</b>   |
|  | <b>Tess Kliethermes</b> | <b>FR</b> | <b>30:07.41</b> |  | <b>24th</b> | <b>PR</b> |                | <b>8:18/18:32(10:14)/29:05(10:33)</b> |
|  | <b>Macy Patrick</b>     | <b>FR</b> | <b>30:11.24</b> |  | <b>25th</b> | <b>PR</b> |                | <b>8:20/18:32(10:12)/29:04(10:32)</b> |
|  | <b>Kristen Graves</b>   | <b>FR</b> | <b>30:25.72</b> |  | <b>26th</b> | <b>PR</b> |                | <b>8:30/18:32(10:02)/29:12(10:40)</b> |
|  | <b>Maria Nguyen</b>     | <b>FR</b> | <b>32:34.06</b> |  | <b>27th</b> | <b>PR</b> |                | <b>8:45/20:09(11:24)/31:25(11:16)</b> |
|  | <b>Megan Wallace</b>    | <b>FR</b> | <b>34:43.25</b> |  | <b>31st</b> | <b>PR</b> |                | <b>9:20/21:46(12:26)/33:20(11:34)</b> |