

2008 Northwest Lions Girls Cross Country Suburban West Champs. on 10/18/2008



Weather: Sunny, 55°

	Score	Place	# Teams	Awards	Notes
Varsity	NTS	NA	5		Lind-34, Laf-52, Kirk-68, Marq-81, PS-127
Jr Varsity	171	6th	6		Lind-17, Kirk-44, Laf-72, Marq-122, PS-135, NW-171
Freshmen					
Fresh/Soph	113	5th	5		Lind-26, Kirk-36, Marq-90, PS-109, NW-113
Open					

Division: Varsity

Event	Name	Div.	Results	Points	Place	PR	Notes	Splits
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Cross Country 5k

	Annie James	V			DNF		Passed out after 1st mile	6:58
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Cross Country 5k

	Amanda Hesselmeyer	JV	26:15.72		47			7:52/16:14(8:22)/25:10(8:56)
	Michelle Tran	JV	26:16.58		48	PR		8:00/16:16(8:16)/25:15(8:59)
	Kara Goss	JV	28:55.26		63			8:45/18:04(9:19)/27:55(9:51)
	Ashley Wallace	JV	29:13.48		65			8:00/17:55(9:55)/28:00(10:05)
	Amanda Holdenried	JV	30:40.96		71	PR		8:52/18:28(9:36)/29:30(10:58)

Cross Country 5k

	Kelsey Chitwood	FR/SO	24:59.900		22			7:28/15:47(8:19)/24:10(8:23)
	Leticia Goss	FR/SO	25:00.41		23			7:28/15:47(8:19)/24:10(8:23)
	Lyndsay Brandt	FR/SO	26:01.39		29			7:45/16:11(8:26)/25:00(8:49)
	Tess Kliethermes	FR/SO	26:03.34		30			7:49/16:14(8:25)/25:00(8:46)
	Macy Patrick	FR/SO	27:24.52		39			8:00/17:02(9:02)/26:20(9:18)
	Kristen Graves	FR/SO	28:54.15		49			8:07/17:35(9:28)/27:44(10:09)
	Maria Nguyen	FR/SO	31:07.47		53	PR		8:45/19:21(10:36)/29:50(10:29)
	Savannah Mulenex	FR/SO			DNF		Shin Pain-Dropped out 1 mi	8:04
	Megan Wallace	FR/SO			DNF		Dizzy-Dropped out 3rd mile	9:25/21:43(12:18)