

2008 Northwest Lions Girls Cross Country

Tiger Time Inv. on 9/20/2008



Weather: Raining, 70°, light breeze

	Score	Place	# Teams	Awards	Notes
Varsity	NTS				4 runners finished Carb-27, Cape-53, NW-61, ND-88 Farm-33, Jack-41, NW-71, ND-87
Jr Varsity	61	3	4	1 medalist	
Freshmen	71	3	4	1 medalist	
Fresh/Soph Open					

Division: Varsity

Event	Name	Div.	Results	Points	Place	PR	Notes	Splits
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Course probably slightly short-Varsity times probably about 1 minute slow because of muddy course conditions.

Cross Country 5k

Annie James	V	24:02.69	21				7:17/14:58(7:41)/23:00(8:02)
Kayla Antonelli	V	25:15.23	34				7:17/15:28(8:09)/24:15(8:47)
Kelsey Chitwood	V	26:42.48	47				8:02/16:40(8:38)/25:35(8:55)
Ashley Wallace	V	27:28.98	49				7:53/17:21(9:28)/26:25(9:04)
Hillary Self	V		DNF			DNF	7:54

Cross Country 5k

Shelby Christopher	JV	25:12.77	9	PR	Medaled		
Michelle Tran	JV	26:32.54	16	PR			
Savannah Mulenex	JV	27:57.18	22	PR			
Amanda Hesselmeyer	JV	28:04.72	24				8:39
Ashley Stumborg	JV	28:40.09	27				9:41
Amanda Holdenried	JV	31:11.46	40	PR			10:05
Kara Goss	JV	31:33.96	41	PR			9:55
Anna Frohwitter	JV		50				

Cross Country 5k

Jamileh Abdal-Kader	FR	23:16.04	2	PR	Medaled		7:05/14:56(7:51)/22:30(7:34)
Leticia Goss	FR	25:38.02	18	PR			7:38/15:58(8:20)/24:35(8:37)
Tess Kliethermes	FR	27:53.53	25	PR			8:34/17:43(9:09)/26:55(9:12)
Macy Patrick	FR	28:21.47	27	PR			8:34/17:43(9:09)/27:20(9:37)
Kristen Graves	FR	29:45.43	32	PR			8:49/18:20(9:31)/28:35(10:15)
Megan Wallace	FR	32:29.21	36	PR	Hurt Knee		8:56/19:09(10:13)/31:20(12:11)
Maria Nguyen	FR	33:15.15	39		Hurt Knee		9:28/20:26(10:58)/32:07(11:41)