

2009 Northwest Lions Girls Cross Country Tiger Time Invitational on 9/19/2009 at Cape Central HS.



Weather: Scattered showers, 80° Course Conditions: Wet

	Score	Place	# Teams	Awards	Notes
Varsity	42	2nd	4	2nd place trophy	Jackson 34, NW-42, Carb-64, ND(Cape)-105
Jr Varsity	NTS	NA		2 Medalists	
Freshmen					
Fresh/Soph					
Open					

Event	Name	Results	Place	PR	Notes	Splits
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Division: Junior Varsity

Cross Country 5k

Leticia Goss	24:10.00	4th		Medaled	7:06/15:00(7:54)/23:25(8:25)
Annie James	24:30.00	5th		Medaled	7:06/15:00(7:54)/23:45(8:45)
Savannah Mullenex	24:49.00	6th		Medaled	7:16/15:15(7:59)/24:04(8:49)
Kara Goss	27:46.00	19th			8:35/17:40(9:05)/26:55(9:15)
Kristen Graves	27:46.00	18th			7:52/17:07(9:15)/26:55(9:48)
Macy Patrick	28:00.00	20th			8:16/17:25(9:09)/27:05(9:40)
Nina Karthaus	28:13.00	21st			8:37/17:45(9:08)/27:15(9:30)
Amanda Holdenried	29:54.00	25th			8:30/18:39(10:09)/28:50(10:11)
Tess Kliethermes	29:57.00	27th			8:17/18:33(10:16)/28:55(10:22)
Maria Nguyen	29:58.00	28th			8:14/18:27(10:13)/28:50(10:23)
Sarah Douglas	30:14.00	32nd	PR		8:35/18:45(10:10)/29:10(10:25)
Mary Beth Tucker	36:21.00	47th	PR		10:23/22:24(12:01)/35:05(12:41)
Lyndsay Brandt				DNF	8:17

Division: Freshmen

Cross Country 5k

Minda Weible	24:53.00	6th		Medaled	8:16/16:25(8:09)/24:05(7:40)
Terriana Fridley	26:22.00	9th	PR	Medaled	8:16/16:25(8:09)/25:25(9:00)
Lindsay Akers	32:46.00	22nd			9:28/20:29(11:01)/31:30(11:01)
Samantha Patriarca	34:55.00	24th	PR		9:39/21:43(12:04)/33:35(11:52)