

2010 Northwest Lions Girls Cross Country Stan Nelson Invitational on 9/11/2010 at House Springs Int..



Weather: Cloudy, 74° Course Conditions: Wet, muddy

	Score	Place	# Teams	Awards	Notes
Varsity	61	3rd	3	Trophy	Laf-15, PS-55, NW-61, Hill-NTS, StC-NTS, Chr-NTS, DeS-NTS, HW-NTS, HE-NTS
Jr Varsity	114	4th	5		Laf-18, PS-38, FZN-91, NW-114, HW-138, Hill-NTS, HE-NTS
Freshmen	66	2nd	4		Laf-15, NW-66, HW-78, PS-82
Fresh/Soph Open					

Event	Name	Results	Place	PR	Notes	Splits
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Division: Varsity

Cross Country 5k

Minda Weible	22:51.77	11th		Medaled	7:04/14:18(7:14)/22:16(7:58)/:35
Tess Kliethermes	23:28.23	13th	PR	Medaled	7:01/14:24(7:23)/22:51(8:27)/:37
Kelsey Chitwood	24:05.86	15th		Medaled	7:17/15:01(7:44)/23:27(8:26)/:38
Savannah Mulenex	24:29.55	20th		Medaled	7:22/15:07(7:45)/23:50(8:43)/:39
Macy Patrick	28:17.38	35th			8:18/17:07(8:49)/27:40(10:33)/:37
Maria Nguyen	28:17.84	36th			8:19/17:20(9:01)/27:40(10:20)/:37

Division: Junior Varsity

Cross Country 5k

Amanda LaFrance	26:31.56	26th	PR		8:12/16:33(8:21)/25:45(9:12)/:46
Laura Stewart	27:32.23	34th	PR		8:08/16:47(8:39)/26:46(9:59)/:46
Victoria Howell	29:06.03	49th	PR		8:22/17:28(9:06)/28:25(10:58)/:41
Mikala Plopper	29:06.21	50th	PR		8:33/17:28(8:55)/28:25(10:57)/:41
Jessica Risinger	31:35.60	72nd	PR		8:51/19:20(10:29)/30:55(11:35)/:40
Mary Ostlund	32:58.50	77th	PR		10:10/20:29(10:19)/32:17(11:48)/:41
Samantha Patriarca	33:26.18	78th			9:36/20:25(10:49)/32:36(12:11)/:50
Katie Diener	35:10.32	80th	PR		10:21/21:45(11:24)/34:22(12:37)/:48
Amanda Holdenried				DNF-Shin pain	9:18

Division: Freshmen

Cross Country 5k

Patty Stibor	24:37.08	10th	PR	Medaled	6:58/14:43(7:45)/24:01(9:18)/:36
Savanna Patriarca	25:05.63	12th	PR	Medaled	7:34/15:43(8:09)/24:28(8:45)/:37
Courtney Portell	27:33.13	16th	PR	Medaled	8:24/17:08(8:44)/26:57(9:49)/:36
Kaitlyn Bier	29:05.59	21st	PR		8:22/16:59(8:37)/28:27(11:28)/:38
Hanah Kliethermes	29:37.88	22nd	PR		8:38/18:18(9:40)/29:00(10:42)/:37
Ariel Jennings	32:21.40	27th	PR		9:54/20:04(10:08)/31:35(11:31)/:46
Christina Schatz	32:33.70	28th	PR		9:08/19:37(10:29)/31:53(12:16)/:40
Morgan Lane	33:08.93	29th	PR		9:30/20:29(10:59)/32:19(11:50)/:49
Brittany Erxleben	33:10.28	30th	PR		9:53/20:51(10:58)/32:32(11:41)/:38
Angela Heidemann	33:51.83	32nd	PR		10:06/20:55(10:49)/33:09(12:14)/:44