

2019 Northwest Lions Girls Cross Country All-Suburban Conference Championship on 10/12/2019 at McNair Park.



Weather: Sunny-light breeze 40s-varsity, 50s JV Course Conditions: Good

	Score	Place	# Teams	Awards	Notes
Varsity	183	5th	18		Eur-68,PW-102,Laf-112,Kirk-118,NW-183,Seck-189,Marq-196,Patt-205,Lind-252,Lad-256,RS-289,PS-303,Clay-306,PC-364,Mehl-394,PN-409,WG-419,Aff-493 Marq-41,Eur-44,RS-99,Lind-116,NW-127,FOx-167,Kirk-204,PW-210,Lad-212-PS-222,Laf-341
Jr Varsity	127	5th	11		
Freshmen					
Fresh/Soph					
Open					

Event Name Results Place PR Notes Splits

Division: Varsity

Cross Country 5k

9:30am

Ryley Posey	20:23.11	23rd	PR	14th-All-Conf-Medaled	4:02/8:13(4:11)/12:24(4:09)/16:31(4:07)/(3:52)
Samantha Brown	20:44.31	35th			3:55/8:07(4:12)/12:21(4:14)/16:33(4:12)/(4:11)
Karley Wheeler	20:52.15	40th			3:56/8:08(4:12)/12:21(4:13)/16:33(4:12)/(4:19)
Claire Meisch	20:58.55	44th			3:50/8:02(4:12)/12:21(4:19)/16:34(4:13)/(4:24)
Emily Oleson	21:02.34	46th	PR		4:00/8:16(4:16)/12:34(4:18)/16:51(4:17)/(4:11)

Division: Junior Varsity

Cross Country 5k

Rachel Nicholls	23:42.61	16th	PR	Medaled	
Alexis McAteer	23:47.51	18th		Medaled	
Gabby Bauwens	23:59.26	20th	PR	Medaled	
Holly Benish	24:41.13	35th	PR		
Kayla Winecoff	25:26.77	46th			
Macy Karg	25:53.27	60th			
Maegan Ryan	25:55.17	62nd			
Pura DeLuca	26:01.12	65th	PR		
Jadyn Wood	26:13.09	70th			
Claire Robinson	26:44.29	82nd			
Rachel Kelly	27:10.83	90th			
Emma Bell	29:18.92	118th			
Kimberly Sebastian	29:20.67	119th			
Ashley Ambrocio	29:31.14	124th			
Cheyenne Dickemper	29:31.26	125th			
Karlie Ricks	29:49.64	131st			
Kat Cooper	30:31.97	139th			