

2020 Northwest Lions Girls Cross Country

Fort Zumwalt North Twilight Invitational on 9/5/2020 at Pheasant Run Golf Course.



Weather: 80°, a bit humid at night Course Conditions: Good-a bit spongy in spots

	Score	Place	# Teams	Awards	Notes
Varsity	NA	NA	10		FZW-61, Tim-95, Farm-97, Jac-117, FZS-130, FH-131, DeS-135, Fest-174, Herc-229, FHC-245, FZN-294, FZE-341, Warr-389
Jr Varsity	274	10	10		FH-36, FZW-52, Fes-82, Jac-126, Tim-136, Farm-144, FZN-153, FZS-175, DeS-238
Freshmen					
Fresh/Soph					
Open					

Event Name Results Place PR Notes Splits

Division: Varsity

Cross Country 5k

Samantha Brown	21:36.90	32nd			3:55/8:07(4:12)/12:48(4:41)/17:23(4:35)/(4:13)
Ryley Posey	21:39.30	35th			3:59/8:16(4:17)/12:55(4:39)/17:25(4:30)/(4:14)
Rachel Nicholls	23:25.80	66th	PR		4:17/8:50(4:33)/13:53(5:03)/18:47(4:54)/(4:38)

Division: Junior Varsity

Cross Country 5k

Kayla Winecoff	25:35.70	46th			3:59/9:34(5:35)/15:04(5:40)/20:22(5:18)/(5:13)
Holly Benish	26:27.10	53rd			3:59/9:35(5:36)/15:23(5:47)/21:00(5:37)/(5:27)
Claire Robinson	27:06.10	57th			3:55/9:37(5:42)/15:43(6:06)/21:31(5:48)/(5:35)
Maegan Ryan	27:10.40	58th			4:02/9:43(5:41)/15:37(5:54)/21:18(5:41)/5:52
Jadyn Wood	27:25.90	60th			4:20/10:08(5:48)/15:58(5:50)/21:55(5:57)/(5:28)
Lucero Orozco	28:49.60	62nd			4:17/10:03(5:46)/16:22(6:19)/22:36(6:14)/(6:13)
Emma Bell	30:17.40	65th			4:21/10:40(6:19)/17:18(6:38)/23:48(6:30)/(6:29)