

2020 Northwest Lions Girls Cross Country Gans Creek State Preview on 9/26/2020 at Gans Creek Recreation Area.



Weather: Sunny, breezy, 62° Course Conditions: Great

	Score	Place	# Teams	Awards	Notes
Varsity	196	9th	14		
Jr Varsity					
Freshmen					
Fresh/Soph					
Open					

Event Name	Results	Place	PR	Notes	Splits
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Division: Varsity

Cross Country 5k

Ryley Posey	20:46.00	11th		Medaled	4:03/8:07(4:04)/12:28(4:20)/16:45(4:17)/(4:00)
Samantha Brown	20:54.20	13th		Medaled	4:03/8:07(4:04)/12:28(4:20)/16:45(4:17)/(4:09)
Karley Wheeler	21:36.40	24th			4:09/8:26(4:16)/12:57(4:31)/17:21(4:23)/(4:15)
Rachel Nicholls	23:40.90	82nd			4:17/8:51(4:34)/13:48(4:57)/18:50(5:02)/(4:50)
Cami Surratt	23:57.40	88th	PR		4:29/9:11(4:43)/14:22(5:10)/19:19(4:56)/(4:38)
Gabby Bauwens	24:47.90	105th			4:29/9:21(4:51)/14:47(5:25)/19:49(5:02)/(4:58)
Maegan Ryan	25:21.70	107th			4:28/9:15(4:46)/14:34(5:19)/19:52(5:18)/(5:28)
Holly Benish	25:55.80	112th			4:30/9:32(5:02)/15:09(5:36)/20:42(5:33)/(5:13)
Kayla Winecoff	26:07.60	115th			4:29/9:33(5:03)/15:09(5:36)/20:45(5:35)/(5:22)