

# 2022 Northwest Lions Girls Cross Country SPHSAAA Conference Championship on 10/15/2022 at McNair Park.



Weather: Sunny-40s to 50s Course Conditions: Good

	Score	Place	# Teams	Awards	Notes
Varsity	374	16th	16		
Jr Varsity	374	13th	13		
Freshmen					
Fresh/Soph					
Open					

Event	Name	Results	Place	PR	Notes	Splits
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<https://mo.milesplit.com/meets/489138-stl-suburban-conference-championships-2022/results/853142>

## Division: Varsity

Cross Country 5k

9:30am

Ryley Posey	20:52.600	35th		15th-Yellow Pool	4:01/8:01(4:00)/12:35(4:34)/16:23(3:48)/(4:20)
Lucero Orozco	22:47.50	83rd	PR		4:06/8:20(4:14)/13:15(4:55)/17:33(4:18)/(5:14)
Ava Tucker	23:04.33	92nd	PR		4:19/8:45(4:21)/13:45(5:00)/17:59(4:14)/(5:05)
Leah Vandaveer	23:04.54	93rd	PR		4:27/8:50(4:13)/13:42(4:52)/17:57(4:15)/(5:07)
Alexa Layton	24:20.37	108th	PR		4:33/9:10(4:37)/14:27(5:17)/18:54(4:27)/(5:26)
Rachel Nicholls				DNF-injuury	4:06/8:36(4:30)

## Division: Junior Varsity

Cross Country 5k

11:40AM

Vereniz Orozco	24:35.93	69th	PR		
Ashley Ambrocio	25:34.20	82nd	PR		
Riley Brant	26:00.21	87th	PR		
Erandi Ambrocio	26:22.51	88th	PR		
Raegan Patton	26:58.06	92nd	PR		
Lucy Winecoff	27:39.65	95th	PR		
Paige Schlichting	27:46.26	96th	PR		